



Fatherhood Game And Pack

08.04.001

This Pack includes a board game and a resource book with 20 other exercises and curriculum materials as well as a User Guide. In the current climate of developing parenting skills and raising awareness of parental responsibilities early, the game appropriately covers a wide range of issues associated with the fathers' role. It targets young men aged 12-18 years, attempting to give them a taste of life as a parent and to teach them become 'The Perfect Dad' and how to avoid being the Dad from Hell'. It tests both their factual knowledge and their sense of responsibility. The exercises cover such topics as Being Fathered, Father's Role; Mother's Role; Planning for Adulthood; Parenting and Gender; Childcare/Rearing; Child Development; Feelings; Rights and Responsibilities.



Baby And Me
08.10.005

Babies are learning from the moment they are born. Positive interactions between ourselves and our babies set the foundations for building pleasurable relationships. This encourages the development of strong bonds, ensures secure attachments and helps babies make those first steps towards talking. Remember, almost everything a baby does is a form of communication. Babies love it when people respond to the different sounds and expressions that they make. This DVD gives us you some simple tips to try. You are your baby's first teachers. You are the best toy in the world. Enjoy your baby and make learning together fun. Made with families living within Westminster, the film shows people from diverse cultures and backgrounds talking with, playing together and soothing their babies. The DVDs are in 3 languages - English, with Arabic and Sylheti



Baby-led Weaning
08.10.006
Gill Papley MSc

A baby's transition from a milk-only diet to eating family foods begins with the first solid foods. Most parents look forward to this stage – but many find it turns out to be less easy than they expected. They worry about what to give the baby and how to persuade her/him to eat real food once the pureeing stage is over. Some find that mealtimes become a battleground, leading to long-term eating problems. Much of this stems from the conventional approach to giving solid foods, which not only takes control away from the baby but stops her/him experiencing the fun of eating. The baby-led approach is different. It avoids spoon feeding and purees and instead allows babies to feed themselves from the very beginning, enabling them to enjoy a wide range of flavours and textures straight away. Letting the baby set the pace makes the process fun for everyone. This DVD explains how baby-led weaning works. Includes A4 Notes.



Food For Life
08.10.003

The excellent film has been produced to support the latest recommendations that weaning should commence at 6 months. There is a strong link between good infant nutrition and future child obesity which makes a good start vital. There is a clear advice on how to improve a child's eating patterns & introducing health foods. Interviews with parents discussing their experiences of weaning are also useful.



Spotting The Sick Child

08.10.001

Children have many minor illnesses as they grow up but occasionally have serious illness. It can be hard to tell the difference, and children often need a different approach from adults. This DVD takes you through the general approach to children, with background information about the commonest illnesses, and hints on taking a history and examining children. Suitable for Nurses, Nurse Practitioners, Health Visitors, General Practitioners, A&E Doctors, Ambulance Service Personnel, Emergency Care Practitioners, and Paediatricians in Training. It can be used as a tutorial, or as a teaching aid, or for reference.



Baby Massage

08.11.009

Katie May

This video is a step-by-step demonstration showing safe and simple ways to massage your baby and explaining the benefits massage will bring. Tips are also offered on how to ease colic, teething, digestive troubles, sleeplessness, cradle cap and more.



Babywatching

08.11.010

This video is based on the book, "Babywatching" by Desmond Morris. Important questions such as why is childbirth so difficult? Why do babies cry?.... and how important is the presence of the baby's mother? are all answered. Aims not merely to watch babies, but to watch like a baby, think like a baby and see the world for the first time through its eyes



Beyond Toddlerdome: Enjoying The 4 To 12's

08.11.018

A practical review of middle childhood from the irrational toddler to the beginnings of adolescence. Topics include: Managing behaviour and good parenting; Positive discipline; Problems at school; Sibling rivalry; Self-esteem; Health; Dealing with bad habits; Television and homework.



Danny: The First Sixteen Months

08.11.013

This video provides an excellent opportunity to follow the development of one little boy from 3 weeks to 16 months old. Danny's physical, social, intellectual & emotional progress was visually recorded during regular filming sessions. This video highlights the immense changes which take place from baby to toddler. An ideal introduction to those embarking on Child Development courses or parenthood.



Focus On Feeding Your Child's Emotional Needs

08.11.008

This video uses "real families" to convey five of the most important messages for positive parenting - Love, Sharing, Acceptance, Encouragement, Active Listening. It has been designed to be shown by healthcare professionals and those involved in child care, at the ante-natal stage, but it is a subject which will be of interest.



Food For Life

08.11.027

The excellent film has been produced to support the latest recommendations that weaning should commence at 6 months. There is a strong link between good infant nutrition and future child obesity which makes a good start vital. There is a clear advice on how to improve a child's eating patterns &

introducing health foods. Interviews with parents discussing their experiences of weaning are also useful.



From Breakfast To Bedtime

08.11.005

National Family & Parenting Institute

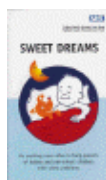
We all have meltdown moments when our toddler decides they will do precisely the opposite to what we want them to do. This video will show you:~ Parents giving their tried and tested behaviour tips~ How to get through those difficult times in the day - the morning rush, the supermarket, playtime and bedtime. ~ Made by the people behind BBC2's Trade Secrets series, the video's humorous style means your children will enjoy watching too! Includes an accompanying booklet



Getting Through The Day: A Survival Guide For Parents

08.11.012

This video takes you through some of the trickier activities in family life: getting your child dressed, taking your child out shopping, mealtimes and bedtimes. Psychologists offer ideas on how to make these everyday activities more fun for both you and your child, with the help of real parents who have benefited from trying some new ideas. As well as being fun, the ideas in the video and booklet can make the job of parenting easier.



Sweet Dreams

08.11.026

An exciting new video to help parents of babies and pre-school children with sleep problems. For many parents a major cause of concern and stress is children with disrupted sleep patterns. This film explains how parents can improve their children's sleep pattern. Based on techniques used at a successful sleep clinic in Manchester and including interviews with parents this helpful film will be useful for health visitors and anyone working with young families.

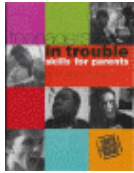


Teenagers In The Family: Skills For Parents

08.11.024

Dr John Coleman

This video is designed to help all parents understand teenage behaviour and development. The video includes a number of acted scenarios; followed by discussion among a panel of experts. The focus of the discussion is on practical steps that parents can take to make family life run more smoothly. The topics covered included:~ Understanding teenagers~ Problems at school~ Unsuitable friends~ Staying safe~ Changing families. Includes some brief notes



Teenagers In Trouble: Skills For Parents

08.11.023

Dr John Coleman

This pack is suitable for those wishing to run parenting courses. A new video pack for all parents with troubled teenagers. This pack empowers parents by providing useful advice. The video uses acted scenarios, together with parent discussion about the issues raised. Issues raised include: ~ dealing with anger and other strong feelings, ~ communication ~ boundaries ~ negotiation ~ parents disagreement~ neighbourhood and peer influences~ help and support



Teenagers: A Survival Guide For Parents

08.11.011

This booklet and video are presented by Dr John Coleman, Director of the Trust of the Study of Adolescence. It looks at common sources of friction between parents and teenagers such as coming home late, peer pressure, stress, drugs and sex.



Toddler Taming: Discipline!

08.11.015

Throughout the video real parents ask the common questions and have them answered. In this video you will discover: "Putting parents back in charge..." ~ Why children behave badly ~ Is smacking wrong? ~ How to handle TANTRUMS and other tricks ~Strict or laid-back parenting - does it really matter? ~ The Green 12 point plan to IMPROVE DISCIPLINE.



Toddler Taming: Growing Up

08.11.017

Throughout the video real parents ask the common questions and have them answered. CHOOSING CHILDCARE: everything you need to know to choose the best childcare at the right time: Playgroup; Day-care; Pre-school and handling common problems. SIBLING RIVALRY: How to handle different children with different temperaments plus preparing for a new baby; other types of sibling squabbling.



Toddler Taming: Solving Sleep And Food Problems
08.11.016

Throughout the video real parents ask the common questions and have them answered. SLEEP PROBLEMS: all the answers. SLEEP PROBLEMS: all the answers. ~ Night waking: Bedtime Blues: Shared beds ~ The famous Green Controlled Crying Technique FOOD WITHOUT FIGHTS: offers practical advice on diet, weight, teeth, smacking or not, managing the Hunger Striker and the Milkaholic.



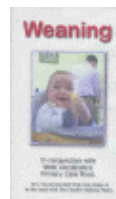
Toddler Taming: Welcome To Toddlerhood!
08.11.014

Throughout the video real parents ask the common questions and have them answered. In this video you will discover: "Confidence is the key." ~ What makes Toddlers tick? ~ What's normal behaviour? ~ How much can we change? ~ The 7 reasons children behave badly? ~ How parents can help children to learn ~ The secret of positive parenting.



Understanding Add: Attention Deficit Disorder
08.11.019

Attention Deficit Disorder, also known as Attention Deficit Hyperactivity Disorder (ADHD), has become a controversial childcare issue. Whatever the arguments it is an area of extreme concern for those living or working with hyperactive children. Includes; Is ADD a real condition? The cause; The Behaviour; What's Normal? What's ADD; Diagnosis - The 4 Steps; Treatment: Help at school, Help at home; Medication - Stimulants and Non-stimulants; ADD in Adults.



Weaning
08.11.001

This video explains what weaning is and the types of food and equipment you will need to get started. You will learn how to tell when your baby is becoming ready to move onto a more solid diet. There are also many ideas of how to start introducing exciting new foods to your baby, and what to do if it all goes wrong!



Well Mother Exercise & Massage: Baby Massage
08.11.021

Regular massage contributes enormously to your baby's physical, emotional and mental development, as well as being fun and relaxing for you both. It strengthens the bond

between mother and baby and offers an opportunity for other family members such as the father and siblings to be intimately involved with their new baby.



Your Baby: First Six Months

08.11.002

This video is a helpful guide to take you through the first six months of your babies development. Parents talk to health professionals about their wide ranging experiences and concerns.



Your Baby: Second Six Months

08.11.003

This video is a helpful guide to take you through the second six months of your babies development. Parents talk to health professionals about their wide ranging experiences and concerns.

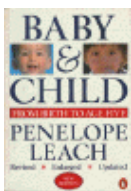


Approaching Parenthood

08.13.001

Dorit Braun & Anne Schonveld

Background information for health professionals and photocopyable materials for the parent on all aspects of health in pregnancy and other issues that concern parents-to-be. "It's what the parents want - not what we want to tell them".



Baby & Child

08.13.002

Penelope Leach

This comprehensive, authoritative and practical handbook looks at what is happening within your child from the moment of birth until the time when you launch him into the wider world of school.



Birth To Five

08.13.022

Birth to Five is an easy-to-use and practical guide for parents. It gives the latest advice and information on all aspects of child health, immunisation, healthy eating, childhood illnesses and child safety. Fully illustrated with photographs, cartoons, and helpful diagrams, this new edition of Birth to Five explains: ~the first few weeks and how your child will develop; ~learning, playing, habits and behaviour; ~where to get help and advice ~your rights and benefits. This book contains everything you need to know about becoming a parent.



Chasing Rainbows: Children, Divorce And Loss

08.13.031

Brynna Kroll

Chasing Rainbows is for social workers and trainers, probation officers, family court welfare officers, Guardians ad Litem, teachers, parents, and everyone who encounters children who are dealing with divorce, separation and loss. It will be of help to both qualified practitioners and trainees alike. ~ Here are techniques and approaches for helping the children of broken marriages while supporting the family as a whole. ~ Reading this book will encourage and inspire you to listen to children and allow them to tell their stories.



Child Development From Birth To Eight

08.13.012

Jennie Lindon

A book for all who work with the care for young children and who need to know more about how children develop. It covers all aspects of how children learn and look at how adults can help children as they develop and change. The book is now recommended reading for many child care courses.



Child Health In Social Context

08.13.008

Julia Brannen & Pamela Storey

Examines the health and health related behaviour of children entering secondary school in the contexts of parental employment patterns, household relationships, gender, ethnic origin and household structure.



Children And The Human Rights Act

08.13.024

Sandhya Drew

The Human Rights Act is a major landmark in the British legal system. When it becomes law it will have a profound effect on services for children. How can you be sure to use the Act in the best interests of children and young people? This book, written by a practising barrister, is an accessible and practical introduction to the Act. It sets out the main articles and describes how they can be used to benefit children and young people. It highlights the issues that surround each article, and provides case studies and checklists. Children and the Human Rights Act also provides relevant links with other legislation and conventions, eg: the UN Convention on the Rights of the Child. If your work involves children and young people, this publication is essential reading. It will be of particular interest to staff in social services, education, health and voluntary organisations.



Confident Parents, Confident Children

08.13.016

Gillian Pugh, Erica De'Ath and Celia Smith

Policy and practice in parent education and support: This book asks what 'good enough' parenting is and looks at what services, schemes and approaches are nationally available both to prepare young people for parenthood and to support and educate parents. It concludes with a series of recommendations for future action which aim to create a coherent national policy for families and a network of services in local communities.



Contentious Issues

08.13.020

Marianna Csoti

Designed to promote discussion and awareness among young people aged eleven to eighteen, for use by professionals, parents or guardians. The collection of forty stories is fully photocopiable and although designed with group work in mind, the stories can be used on a one-to-one basis. Issues include: abortion, bullying, bereavement, teenage pregnancy, marriage, relationships, decision-making, race and gender issues. The book is fully indexed with a list of useful contacts at the back.



Developing Parenting Programmes

08.13.014

Celia Smith

This book draws on a survey of 38 group-based parenting programmes. It reports on the range of programmes available and their accessibility, the agencies, group leaders and facilitators involved, and their training & support. The content, methods & materials of each programme are described, illustrated by some individual case studies. It is particularly relevant since parenting & parent education are high on the political agenda, both locally and nationally.



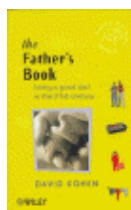
Emerging Findings: Getting The Right Start
08.13.032

This report is intended to set out the overall direction of travel for the National Service Framework, prior to its publication next year, to help local health communities in planning and improving services. This National Service Framework includes standards covering both health and social care services, and a key theme of this Emerging findings document is the importance of integrated working between health and social care to support children who are disabled who have mental health problems, or who are otherwise in special circumstances. For many children this joined-up working is essential in improving the quality of their lives and future life chances.



Evaluating Parenting Programmes
08.13.013
Roger Grimshaw and Christine McGuire

Parenting education has become a major theme of social policy discussions, in the media & the government. Open access parenting programmes offer one way for agencies to help parents. This book examines in depth the views of stakeholders in these programmes: those who fund & provide them; parents who attend & those who do not; and children themselves. It shows clearly what parents & professionals want from programmes & suggests key principles for future development.



Father's Book
08.13.003
David Cohen

In this personal and humorous account, he shares with us not only his experiences of being a father, but his in-depth knowledge of psychology. Along the way, you'll pick up tips - about child development from the terrible twos to teenage tantrums; about sex with your partner in the weeks after childbirth; about accepting your stepchildren's rules about socks. The Father's Book is a mine of information you'll re-read many times. It is a wise best friend who can advise on discipline, how much time to spend with the kids, favouritism, their play, personalities and IQ, helping with homework and more serious problems and allowing them space to grow and leave. You'll wonder how you ever coped without it.



Getting Men Involved
08.13.019
James A Levine

This book is targeted at those wanting to involve men within childcare settings. Sections include 'creating a father-friendly environment'; 'recruiting men to your programme'; 'operating a fathers' programme' and 'sustaining male involvement'. These sections are followed by thirteen 'model programs'. If you are thinking about involving men within a childcare setting, this is an essential and stimulating resource.



**Growing Up In Britain: Ensuring A
Healthy Future For Our Children**
08.13.011

This report covers child health from conception to the age of five. It focuses on the impact of social and economic inequality on child health, using the latest published data. For the purpose of the report, "health" is defined as not simply the absence of ill health, but in a wider context of developing the sense of "well-being". This book is essential reading for doctors and all healthcare professionals working with children.



Growing Up:
08.13.015
Jennie Lindon

This book describes the main changes as children and young people move from middle childhood to the brink of adulthood. It sets the experiences of eight to 18 year olds within a practical and positive framework, and offers fresh perspectives and practical suggestions for all adults who are concerned with older children and young people. The ideas are illustrated by the viewpoints of children and young people themselves.



**Indications Of Public Health In The
English Regions - 5: Child Health**
08.13.007

As part of a series "Indications of Public Health in the English Regions" commissioned by the Chief Medical Officer, a report on Child Health has been produced jointly by the Association of Public Health Observatories (APHO) and the Health Protection Agency (HPA). The report uses indicators derived from the Child Health Indicators of Life and Development (CHILD) and selected indicators from PERISTAT. For each indicator, in addition to the regional level data, information is also presented on the national level for its inclusion, relevant national policy and targets, influencing factors and commentary on the English GOR and European data.



Key Data On Adolescence 1997
08.13.005
John Coleman

This publication is not a textbook on the subject. It does not review theories of adolescence, nor does it summarise or discuss current research. It is essentially a compilation of statistical data. Are suicide rates among young men going up? Has there been a significant increase in drug use? Do girls perform better than boys in GCSE examinations? If you want to know the answers to these & many other questions then this publication is essential reading.



Key Data On Adolescence 2001

08.13.023

John Coleman & Jane Schofield

The third edition of this well-established reference book provides an up-to-the-minute review of all the most relevant and interesting information about young people. The 2001 edition charts key trends and new data concerning the lives of adolescents in Britain today. Critical new information has become available since the publication of the 1999 edition, much of it reflecting government initiatives and changed policy directions. In particular new statistics on the mental health of young people have been published, as well as in-depth comparisons between the UK and other countries. The book charts what is happening in the areas of families and households, in education and training, in health and in youth offending. This is an essential book for anyone concerned with young people, whether as a student, a researcher, a journalist or a policy maker.



Look Out For Strangers

08.13.028

Paul Humphrey and Alex Ramsay

In this book two children show the reader how best to deal with approaches by strangers, pointing out the danger signals in a way that will reassure rather than frighten young children.



Questions Children Ask

08.13.004

Dr Miriam Stoppard

A Parent's guide to answering the many difficult or embarrassing questions that young children are likely to ask. Encompasses all the subjects that children are always curious about from sexuality and reproduction to relationships, religion and death. Gives practical guidelines on how much to tell your child and what language to use. Written by Dr Miriam Stoppard, a leading expert on parenting and child care. 4 Levels of Answers for every age from pre-school to 11 year olds.



The Good Sleep Guide For You And Your Baby

08.13.026

Angela Henderson

A step-by-step guide to the prevention and cure of sleep problems from birth to eighteen months.

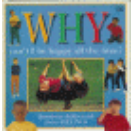


The Which? Guide To Children's Health

08.13.006

Edited by Dr Harry Brown

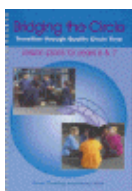
This book, compiled by a team of health professionals including GPs, a dentist, a health visitor and others whose daily work focuses on children, also covers: ~ pre-natal care and the first 12 months ~ care of your child's teeth ~ behavioural and emotional problems ~ accident prevention and first aid With an A-Z of illnesses and emergencies



Why Can't I Be Happy All The Time?

08.13.029

Children's difficult or awkward questions such as; Why do I sometimes feel lonely? Why are scary games exciting? Why do I cry when I'm sad? are answered in a factual, positive, and sensitive fashion in this delightful, colourful, photo filled book.



Bridging The Circle

08.15.019

Anne Cowling and Penny Vine

Created for children aged 11 and 12, this book offers strategies to support the often-intimidating transition from primary to secondary school. Coping with change can be unsettling, even threatening and the authors demonstrate the value of Quality Circle Time as a forum for the crucial learning and support at this time. Central to the book are 14 practical lesson plans that explore; past achievements; future fears; changing friendships; recognising fears; getting help and so on. Very specific, clear evaluation sheets and 'logs' for teachers and students are provided to assess progress, together with valuable photocopiable resources. Ideas for encouraging parental understanding and support are offered, completing this really useful book.



Checkpoints For Schools: Towards A Non-violent Society

08.15.008

Designed to ensure the involvement of school students and provide a channel of communication to the home. Checkpoints have been used successfully to improve behaviour in schools, increasing the effectiveness of students learning. They are also included in the training of teachers and teaching assistants. Adaptations have been made by a number of organisations including the NSPCC, Sport England, the prison service, the BBC and Child Protection for International Non-Governmental Organisations. Checkpoints can be used at primary or secondary level and are particularly applicable to the transfer stage - for Year 6 preparing for secondary school or Year 7 as part of an induction programme. Checkpoints have four main aims:~ raise awareness~ facilitate institutional self-audit~ offer

guidance~ provide a model adaptable to each institutions particular circumstances.



Escape: A Problem Solving Approach

08.15.017

Carole Pickbury

A groupwork programme that can also be used in individual work with families (with children aged 10+). It explores behaviour, attitudes, and responses and is fun. It helps parents and young people find a way to deal with problems and live together. The programme lets parents and young people set the agenda, but it is particularly suitable for dealing with behavioural problems such as not going to school or offending. Parallel Lines is a companion programme for young people. It covers similar material to that for the parents in ESCAPE but explores the issues from the young person's viewpoint. This pack includes comprehensive guidance on how to run ESCAPE and Parallel Lines. It shows you how to engage parents and young people and what to cover in visits to the families. It also features step-by-step guides for the six groupwork sessions for parents and the six sessions for young people.



Fragile: Handle With Care

08.15.003

This pack promotes the need to protect babies under 18 months. Each element of this pack has been broken up into three important stages: pre-birth, the first 18 months, and keeping babies safe. Featuring a comprehensive trainer, reader, video and a video guide this pack will provide you with all the knowledge needed to protect babies from harm. The pack will enable you to:~ identify parental stress or any difficulty that may affect a new baby, such as drug misuse, mental health difficulty or disability~ increase your knowledge of situations such as shaken baby and sudden infant death syndromes~ identify some of the barriers to communicating with parents or carers~ consider issues of confidentiality when working with families~

describe the impact of poverty and social exclusion on the health of babies~ identify and respond to domestic violence



Go Girls!

08.15.015

Jo Adams

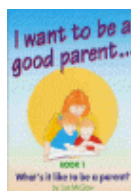
A Hand-book of practical approaches for supporting girls' emotional development and building their self-esteem. Packed with new ideas for activities, exercises, group-work, games and helpful hints on supporting girls' and young women's personal development. Illustrated with a fund of stories, anecdotes, personal experiences, quotations, examples and insights from relevant research.



How It Is

08.15.013

This image vocabulary was developed to help children to communicate about a range of important issues. The vocabulary comprises 380 images that are designed to be used as a flexible, children-centred resource. This resource aims to:~ support children to communicate about their feelings, bodies, rights and basic needs~ assist adults to work with children on these issues~ enable children to communicate about abuse in evidentially safer ways~ assist adults to investigate concerns about children's safety in more evidentially valid ways.This pack includes a CD Rom.

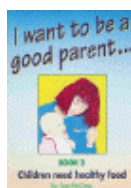


I Want To Be A Good Parent: Book 1

08.15.022

Sue McGaw

An excellent and innovative teaching resource, this illustrated book gives practical and easy to follow advise for parents with learning difficulties.This book forms part of a series on parenting. The series covers areas which are central to children's needs:Book 2: Healthy foodBook 3: Clean, healthy and warmBook 4: SafeBook 5: Love

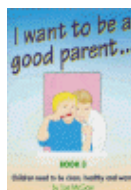


I Want To Be A Good Parent: Book 2

08.15.023

Sue McGaw & Kathryn Smith

An excellent and innovative teaching resource, these illustrated book and skills cards (25) provides practical and easy to follow advise for parents with learning difficulties, poor memory, or limited ability to read English.This pack forms partof a series on parenting. The series covers areas which are central to children's needs:Book 1: What's it like to be a parent Book 3: Clean, healthy and warmBook 4: SafeBook 5: Love

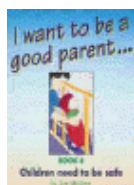


I Want To Be A Good Parent: Book 3

08.15.024

Sue McGaw & Anne Tornabene

An excellent and innovative teaching resource, these illustrated book and skills cards (33) provides practical and easy to follow advise for parents with learning difficulties.This pack forms part of a series on parenting. The series covers areaswhich are central to children's needs:Book 1: What's it like to be a parent Book 2: Healthy foodBook 4: SafeBook 5: Love

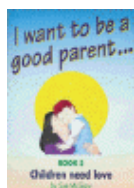


I Want To Be A Good Parent: Book 4

08.15.025

Sue McGaw & Debbie Valentine

An excellent and innovative teaching resource, these illustrated book and skills cards (23) provides practical and easy to follow advise for parents with learning difficulties. This pack forms part of a series on parenting. The series covers areas which are central to children's needs: Book 1: What's it like to be a parent Book 2: Healthy food Book 3: Clean healthy and warm Book 5: Love



I Want To Be A Good Parent: Book 5

08.15.026

Sue McGaw & Anne Tornabene

An excellent and innovative teaching resource, these illustrated book and skills cards (15) provides practical and easy to follow advise for parents with learning difficulties. This pack forms part of a series on parenting. The series covers areas which are central to children's needs: Book 1: What's it like to be a parent Book 2: Healthy food Book 3: Clean healthy and warm Book 4: Safe



In Safe Hands: To Support Work With Young Refugee Children

08.15.010

Tina Hyder & Jillj Rutter

In Safe Hands is a video training pack offering help and guidance to primary teachers and early years practitioners who work with refugee children. It includes: ~ information & guidance on how to provide emotional support to children who have experienced violent conflict. ~ activities to support language development. ~ information and guidance on how to use play & play therapy as a means of dealing with traumatic experiences ~ a short staff training session on how schools can support refugee children ~ video case studies of two schools with considerable experience in working with refugee children ~ guidance on the use of anti-racist practice as a means of raising self-esteem. The video [33 minutes] is narrated by journalist, Fergal Keane.



Let's Work Together: Managing Children's Behaviour

08.15.006

Kate Harper

This training pack provides a trainers' half-day workshop for those who work with other people's children. Aims: to identify the techniques adults use of control challenging behaviour; to identify children's behaviour which is challenging to adults; and to identify ways in which adults can reinforce positive behaviour in children. Provides guidance for tutors and a complete section for students to work through & take away, and give details of further reading



Parenting In Pictures

08.15.027

Tracey Baldock-Apps

Due to its simplicity 'Parenting in Pictures' is a very user-friendly tool. By using open-ended questions the photos can be used in a variety of ways with young people both at risk of becoming young parents, young parents to be, or young parents learning to cope with a new baby. In this way this album can be used in many settings such as education, parenting sessions, antenatal and postnatal groups or with clients in a one to one session. You may use the entire album or just a few photos which every is appropriate. Some pictures can be used to support practical skills such as feeding, sleeping or toddler tantrums. Others allow an opportunity to consider more emotive issues such as single parenthood, domestic violence or changing relationships when you have a child. As 'Parenting in Pictures' has no words it is ideal for young people that may have poor literacy skills or who may feel intimidate by a more sophisticated tool. Includes some sample questions to guide you.



Parenting Skills

08.15.001

Christine Raafat & Kevin Lucas

A video based training and resources pack designed for use by health visitors, family centre workers & others who wish to run group courses on child management for parents. It is focused on normal, everyday behaviour with the aim of helping participants to learn the basic principles of child management.



Parenting: A Rough Guide

08.15.002

Angela Phillips

Aimed to encourage parents to work out positive ways of dealing with their children's difficult behaviour. Consists of three books: GROUP ACTIVITIES - a programme of activities for use with parents' groups, which contains a session out- line alongwith instructions & group materials for nineteen activities. NOTES FOR PARENTS - a collection of handouts for parents. NOTES FOR GROUP LEADERS - detailed guidance for group leaders on running the sessions and the activities.



Positive Participation: Consulting And Involving Young People In Health-related

08.15.028

Julian Cohen and Judith Emanuel

Designed to be used with young people it aims to promote more effective consultation and involvement of young people in health related activities through the provision of resource materials and training.



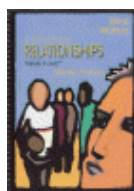
Quality Circle Time In The Secondary School

08.15.020

Jenny Mosley & Marilyn Tew

Containing over 100 activities and practical strategies to help build teachers' confidence in Circle Time skills. Contents: Whole school quality time approach; raising self-esteem and morale of staff; listening systems; codes of conduct; sanctions;lunchtime policy; how to make Circle Time work; structure of meetings; activities, games, rounds, drama approaches

& quizzes.



Relationships

08.15.007

Marilyn Harvey

Young people often find adolescence is a time when they redefine relationships with their parents and experiment with a variety of different alliances with their peers, whilst also coping with those in authority who may have expectations that feel unreasonable to some individuals. This resource bank will enable you to help young people consider the different kinds of relationships they have with others and ways they might deal with different relationship issues that affect their day to day life.



Solihull Approach Resource Pack

08.15.009

For care professionals working with families and children with sleeping, feeding, toileting and behavioural difficulties.. It has been developed by health professionals and has arisen from their experience in working with young children and their families. The pack aims to give you:~ a broader understanding of how emotional and behavioural difficulties develop within families.~ a basis for a consistent approach that really does work to help families overcome difficulties~ an understanding of how theories such as containment and reciprocity have a practical application~ greater confidence in your own skill and practice, and the ability to articulate your skill~ the opportunity to develop the skills of reflective practice~ the opportunity to gain 12 academic credits at Level 3.



The Children Act 1989

08.15.004

The Children Act 1989 came into force on 14 October 1991. It was the most important reform of the law concerning children this century. This information pack contains nine booklets designed to explain a little about the Childrens Act.



The Parenting Puzzle

08.15.018

Candida Hunt

The Parenting Puzzle is based on the Nurturing Programme, a 10 week course that encourages parents and carers to enjoy bringing up children and get the best out of family life. It helps us understand how emotions influence our actions, and offers many positive, practical ways of guiding children so they learn to handle both their feelings and their behaviour. It suggests ways of helping us feel good - boosting self-esteem in ourselves and in our children. As parents, we're all doing the best we know how; that isn't necessarily the best there is. Raising children can be puzzling at times, but puzzles have solutions - and The Parenting Puzzle provides them.



Turn Your School Round

08.15.012

Jenny Mosley

This book clearly outlines a Circle-Time approach to help you initiate your own whole school policy on self-esteem and positive behaviour. What makes the approach unique is the involvement, through regular Circle-time Sessions of all adults and children in the school community in the development, implementation and continuous review of the policy. Highly practical, with many examples from schools already benefiting from the approach, Turn Your School Round contains:

- ~ The rationale behind the Circle-Time approach and its benefits
- ~ The steps needed to work towards a whole school behaviour policy
- ~ Circle-Time Sessions for teachers, pupils, support staff, lunchtime supervisors and parents
- ~ Photocopiable handouts.

Turn Your School Round will equip all members of your school with the tools to become more confident, positive and successful member of their community.



Wavelength

08.15.021

Josie Melia

Wavelength is a 140-page book packed with practical ideas for engaging with young people. It covers 50 different techniques such as making lists, an ideas exhibition, using scenario cards, drawing relationships, a graffiti-wall, diamond ranking, dotvoting, freeze the scene, sculpting and non-verbal language. It explains how these techniques work and provides suggestions of when to use them. Ideal for everyone working with teenagers, including Connexions personal advisors, social workers, befrienders, supported housing staff, youth offending team workers, health professionals and counsellors.



We Can Work It Out

08.15.005

Kate Harper

This training pack is for parent groups and those who work with parents. Illustrated throughout, it provides for a half day workshop, helping parents reflect on how they could manage their children's challenging behaviour without resorting to emotional or physical punishment. An accompanying booklet which parents can take home (may be purchased at a cost of 12p each), offering further tips and advice.



Where To Look For Help

08.15.016

Brigid McConville

This resource provides essential information about sources of help for all parents of teenagers. The guide is written for parents, but it is expected that it will serve as an invaluable resource for all who provide advice and information for parents, including schools, health professionals, CABs, local libraries, social services and voluntary organisations. Topics include: Abuse; bereavement; bullying; counselling/mental health; disability and special needs; drink, drugs and addiction; eating disorders; education; fathers' support; gay and lesbian issues; legal issues; parent support; parenting courses; sex and sexual health; suicide.



Working With Parents Of 8-11 Year Olds: A Toolkit For Practitioners

08.15.030

Julie Shepherd and Debi Roker, TSA

This toolkit focuses on working with parents of pre-teens, particularly around the move to secondary school. Topics include:~What do parents of 8-11 year olds want?~What are the options for working with this group?~What training and support is available for workers? ~What resources are available to support workers and parents?This toolkit is ideal for experienced professionals as well as those new to this book.



Worried? Need To Talk?: Teachers' Support

08.15.029

Jerome Monahan

These support materials back up the Worried? Need to talk? booklet which is being made available to 11-16 year olds. The activities have been devised to encourage students to read the booklet and to underline the importance of students communicating their worries to appropriate sources of help. Clear and easy to use, they are:~Written by a teacher for teachers~tailored for immediate classroom use in PSHE lessons and tutorials, as part of school assemblies, through a range of discussion ideas and short worksheet exercises~Adaptable to several curriculum subject areas, including Citizenship, English and Drama.



Youth Listens

08.15.011

Youth Clubs UK

This comprehensive resource offers a youth worker or teacher sound guidelines on how to establish a successful peer education programme. It lays out the different stages of peer education and the structure provided can be used at different levels of participation, over a range of issues. Included are guidelines for action, session plans for recruitment and training, ideas for follow up and evaluation as well as a section on key problems and dilemmas. Used in combination with the Yes Me! book [also available to loan], it provides all the tools required to train young people to devise and run a complete peer education programme.

