



### **Bereavement And Grief**

**04.13.006**

*Steve Scutton*

This book has been written to benefit all untrained carers of older people who are left to struggle, often with little support, with the problems that bereavement and grief can bring to older people. Focuses on many causes of grief in old age, some of which are overlooked or taken for granted; includes a section on complicated grief; offers a positive outlook on old age, and on situations faced by many older people, which sometimes appear hopeless & without remedy.



### **Bereavement Issues**

**04.13.007**

*Editor: Craig Donnellan*

Information gathered from a wide variety of sources to stimulate debate. Looks at the ways we cope with death and dealing with formalities. Offers a useful starting point for those who need convenient access to information about the many issues involved. Contains a list of organisations you may want to contact for further information. Also includes a photocopiable study guide.



### **Grief, Bereavement & Change: A Quick Guide**

**04.13.002**

*Penny Casdagli & Francis Gobey*

This value of this book is that it will help schools to develop work in this area, in an accessible and reliable format, based on extensive knowledge of working with young people in this sensitive area of life's

experience.



### **Real Life Issues: Bereavement**

**04.13.001**

*Dee Pilgrim*

Real Life Issues is a series of self-help guides offering information and advice on key issues that matter to teenagers. Each book defines the issue, probes the reader's experience of it and provides ways of understanding and coping with it. Written by experts and experienced writers for the 13-19 age group, the series aims to demystify the areas that teenagers find hard to talk about. Supportive, friendly and informative in approach, the books provide honest facts, practical advice, inspirational quotes, positive reassurance and guidance towards specialist help. The series will motivate readers to think about the issues they may be facing and will help them to overcome any hurdles which might be preventing them from making the most of their education, home or work life. ~ Defines the issue and explores potential causes ~ Includes quizzes to probe the individual's experience of the issue ~ Provides strategies for coping ~ Advice on how to get more help

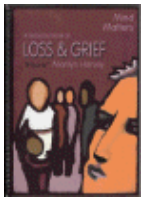


## **Grief, Bereavement And Change**

**04.15.001**

*Penny Casdagli & Francis Gobey*

This resource pack breaks new ground. It offers many different and sensitive ways in which young people, in a variety of settings, can be helped to express, share and work through the pain of loss and grieving.



## **Loss & Grief: "it Hurts"**

**04.15.002**

*Marilyn Harvey*

"Loss and grief" are historically closely linked to death. However, in recent years those in the mental health field have come to realise that many other kinds of traumas and life situations also evoke strong feelings associated with loss and grief. This resource bank will enable you to help young people explore their feelings around loss and grief (in whatever form it occurs), ways they might deal with these feelings, and how they might support friends who are bereaved.

