

Desk Top Flipchart

31.01.005

This Desk Top Flipchart is basically a stand which holds sheets of paper (size B1). This half-size flipchart unit is ideal for use with small groups and can encourage audience participation; increases presenter's credibility; keeps participants focused. (Flipchart paper is available from the Health Promotion Unit @ 15p per sheet or £6.00 for a Flipchart Pad - 40 sheets).

Digital Camera

31.01.004

Fujifilm Digital Camera: Finepix A204 Zoom

Flipchart

31.01.014

The flipchart is basically a stand which holds large sheets of paper (size A1). Using the flipchart can:- encourage audience participation; increases presenter's credibility; keeps participants focused. (Flipchart paper is available from the Health Promotion Unit @ 10p per sheet or £4.00 for a Flipchart Pad - 40 sheets).

Overhead Projector

31.01.012

This portable overhead projector is versatile, compact and easy to use. It may be used in situations where other media are impractical, allowing uninterrupted visual contact between presenter and audience. Transparencies can be prepared simply and economically in advance saving time in the class or lecture room. Technical know-how is unnecessary. Acetates available @ 15p per sheet).

Projection Screen 1

31.01.017

This 36" screen is designed for audio visual applications.

Slide Projector 1

31.01.021

This automatic slide projector provides a circular slide tray for 80 slides and is ideally suited for exhibition and publicity applications.

Slide Projector 2

31.01.022

This automatic slide projector provides a circular slide tray for 80 slides and is ideally suited for exhibition and publicity applications.

Television 1

31.01.008

This lightweight 14" colour television is ideal for use with video players/recorders and is suitable for use at small group presentations.

Tv/video

31.01.003

This portable 14" VHS video presenter is ideal for use at small group presentations.

A Brief Guide To Gender Statistics
31.13.014

The Guide indicates the main sources of statistics on gender related topics for the UK - both official and non-government sources. Aimed primarily at those who need to use statistics on gender-related topics but who may not have detailed specialist knowledge of statistical sources. Contains discussion of the main data sources by broad topic area together with a listing of these sources & should prove an invaluable reference work for those wishing to track sources of gender stats

A Survey Of The Uk Population: Part 1
31.13.056

This book contains a series of papers by different authors which examine general health concerns, primary care health services, psychosocial health, smoking behaviour, cancer and sexual health. The survey collected data from over 5000 adults 16-74.



A Toolkit For Reviewing And Developing Local Health And Social Care Information
31.13.009

This toolkit is written for everyone who wants to communicate with the public about health and social care. It should be useful to nurses, doctors and managers in the new Primary Care Trusts, and for the new Patient Advice & Liason Service (PALS) officers. However, the principles that lie behind this Toolkit can be applied to a much wider audience, including people in the voluntary sector and those delivering social care.

All Change: Health Education Monitoring Survey One Year
31.13.040

This report presents information from a survey carried out in 1997, as a follow up to the 1996 Health Education Monitoring Survey. Adults in England aged 16-74 who have been interviewed in 1996, were interviewed again in 1997 to see whether their health behaviour had changed in the intervening year, and whether changes were associated with health-related knowledge and beliefs. Includes information on a wide range of topics.

Approaches To Peer-led Health Education
31.13.026

Ian Clements and Martin Buczkiewicz

Helps youth and community workers examine the use of peer- led education and peer education methods in health promotion work.

Assuring Quality In Health Promotion
31.13.049

David Evans, Michael J Head & Viv Speller

This book answers questions on the issue of quality assurance in the procurement and provision of health promotion services.

Avoid The Pitfalls
31.13.052

Margaret Whitehead & Keith Tones

This book looks at the factors that influence our health. It also examines the role of the Health Education Authority and the effectiveness of its programmes.



Confidentiality And Young People
31.13.095

A toolkit for general practice, primary care groups and trusts. This resource aims to address the needs of all patients by helping general practices reinforce confidentiality as the cornerstone of their services.



Crutches, Confetti, Or Useful Tools?

31.13.088

Simon Murphy & Christopher Smith

This paper examines the views on and use of health education leaflets by a number of professional groups: health visitors, midwives, occupational health workers, pharmacists and school health education co-ordinators. Eighty nine percent currently obtain leaflets from health promotion units, with the exception of health visitors, professionals are largely satisfied with the units' service. Seventy six percent use commercial or sponsored leaflets primarily because of the large numbers and topics that are available. The numbers and type of leaflets used were found to vary across the professions. All professionals see an increasingly important role for leaflets in their work. A number of them, pharmacists and occupational health workers in particular, saw the numbers they use rising. These views were accompanied by lower levels of belief in a leaflets ability to increase knowledge and behaviour as well as lower levels of satisfaction with current leaflet use and a concern over the public's reception of leaflets. Methods of leaflet distribution to the public largely reflect the profes



Developing Healthier Communities

31.13.098

Paul Henderson, Sylvia Summer & Thara Raj

An introductory training course for workers from a variety of backgrounds including health, local authority and the voluntary sector. It aims to improve knowledge and skills in community development and engagement approaches to improve health and reduce health inequalities in local communities. This course book includes a full learner's guide, background reading materials and tutor's notes.



Doing You Research Project

31.13.084

Judith Bell

This book is intended for those who are about to undertake some sort of education research in connection with your job, or as a requirement for an undergraduate, diploma or postgraduate course. Doing your Research serves as a source of reference and guide to good practice for all beginner researchers undertaking investigations in Education and the Social Services.

Effectiveness Of Health Prom. Interventions In The Workplace

31.13.045

Greet Peersman, Angela Harden & Sandy Oliver

Over the last few years there has been increasing pressure on health authorities to provide evidence of effectiveness to support decision making processes in the delivery of healthcare. The review aims to support purchasers and providers of health promotion by meeting an increased need for information on how limited resources might be used in the most effective way.

Epidemiology For The Uninitiated

31.13.053

Geoffrey Rose, D J P Barker

The information in this book will aid students in preparing and understanding surveys.



Essential Public Health

31.13.090

L.J.Donaldson & R.J.Donaldson

Essential Public Health is the second revised edition to the widely acclaimed and best-selling Essential Public Medicine. It describes the whole spectrum of public health: the principles, methods and applications of epidemiology, the assessment of health and health need in populations, the promotion of health and prevention of ill-health, the planning and evaluation of health services, the monitoring of disease trends, outbreaks and environmental hazards, the investigation of health and healthservice problems.

Evaluating Health Promotion: Practice And Methods

31.13.059

Margaret Thorogood & Yolande Coombes

This book sets the concepts of health promotion and of evaluation in their historical context and highlights key issues in the evaluation of health promotion interventions. Several qualitative and quantitative methods which are commonly used are described and the problems and benefits which arise with their use are explained. Experiences in the practical implementation of evaluation in a variety of settings are described. The main theme throughout the book is that health promotion is multidisciplinary and therefore the evaluation of health promotion requires a mixture of methods and a firm commitment to multidisciplinary work.

Evidence-based Health Promotion

31.13.043

Simnet I, Perkins E, Wright L

This book will challenge those involved with health promotion to think more broadly about what 'doing the right thing' and 'doing things right' mean, and to use this thinking to inform their practice. It is, therefore, essential reading for those who are involved in health promotion as part of their practice, health promotion specialists, managers responsible for purchasing or providing services, and students.

Families, Cultural Bias And Health Promotion

31.13.028

Alan Prout

An intensive study of the cultural bias within families and how it affects their approach to health.

Fit To Face The Future?

31.13.031

A summary of the assessment and monitoring of workplace implementations in 14 Trusts. Provides clues to ways in which obstacles can be overcome in order to make workplace health part of the organisational agenda.

Gamesters' Handbook

31.13.001

Donna Brandes/Howard Phillips

This book is an invaluable collection, offering 140 different activities, exercises and strategies, which the authors have tried and tested through years of teaching experiences.

Gamesters' Handbook Two

31.13.002

Donna Brandes

This second volume is a collection of tried and tested games for developing self-awareness, confidence, decision-making skills, trust, assertiveness, and just for fun.

Getting The Message Across

31.13.073

Sarah Siddall

This guide has been written for those health workers and anyone else who, on top of being specialists, managers, psychologists and counsellors, are also called upon to show artistic and design talents. It is for all those who have noticeboards to arrange, posters and leaflets to put up or a display to do - with only limited money, time and skills. The guide, which is full of simple, cheap and effective ways of achieving the best results, developed out of a series of courses run by the Health Education Service in Avon. From the research done before and the feedback during the courses, the tutor and author of this book, Sarah Siddall, has taken into account the needs and limitations of health staff and suggests many ways of overcoming the difficulties. The guide is full of illustrations and the design and artwork are done in such a way as to reinforce and demonstrate the message given.

Gp Investigatory Study: Health At Work In The Nhs

31.13.033

A study that gives insight into the levels of awareness among general practices and their qualitative interest in workplace health for staff.

Health At Work In The Nhs: Survey Of Hospital Activity

31.13.032

A survey of the activities undertaken by hospitals involved in the Health at Work in the NHS programme.



Health Literacy

31.13.005

Saranjit Sihota & Linda Lennard

Healthcare in England is increasingly moving towards greater choice, shared responsibility between physician and patient for healthcare decisions and increase self-management by individuals. This paper aims to summarise the main research evidence available on health literacy, information-seeking and decision-making behaviour in healthcare. In particular, the focus is on whether an inverse information law exists in England where the people most in need are the least likely to be able to access information.

Health Promotion & Young People

31.13.023

Peter Aggleton

This book has been written as a resource for health professionals, health promotion workers, teachers, social workers, and youth and community workers. It examines patterns of youth morbidity and mortality in relation to key health issues, the risk-taking and health-protecting behaviours that give rise to these patterns, and the effectiveness of different health promotion interventions.



Health Promotion And Health Education: Module 3

31.13.085

Leo Baric & Lorraine F. Baric

The book sets the scene for anyone who intends to measure the various aspects of a health promotion and health education intervention or activity. The third in the trilogy, drawing the whole subject matter to its conclusion by providing an overview of the methods necessary for the assessment of the processes and outcomes of health promotion interventions: evaluation, quality and audit.

Health Promotion Concepts And Practice

31.13.066

Edited by Alison Dines & Alan Cribb

Health promotion has been highlighted in the Health Service reforms, it is considered an essential aspect of the work of health care professionals, and it has achieved recognition as an increasingly important dimension of public policy. This book introduces a wide range of concerns in the theory and practice of health promotion, illustrating the opportunities & constraints facing nurses seeking to promote health promotion. Part 1: considers what health is and addresses the many and varied approaches to the promotion of health. The social, political and ethical issues of health promotion and discussed. Part 2 provides insight into the opportunities and challenges that health promotion presents in practice. It represents the diverse range of nursing practice in both institutional and community settings and includes chapters on homelessness, mental health and promoting the health of children. Concludes with an overview of health promotion and nursing practice.

Health Promotion Courses In England

31.13.016

By listing all the health promotion courses available in England, both geographically and by alphabetical order, this book provides an easily accessible reference for those wishing to study the subject and its related topics at degree level and beyond.

Health Promotion Practice

31.13.070

Glen Laverack

In health promotion, power & empowerment are important foundations for individual & community health. By enabling people to empower themselves, health promoters provide the necessary capacities for individuals & communities to change their lives, their living conditions, and therefore their health. Placing empowerment at the heart of health promotion practice, & offering advice for health promoters who accept the challenge to work in such a way, Health promotion Practice: Power & Empowerment defines key concepts of health, health promotion, power & community empowerment. The author also:~ Introduces the readers to health promotion practice as a political activity, one that attempts to get at the underlying social determinants of disease;~ Helps the readers understand the importance of power relations, and their transformation in health promotion practice; and~ Introduces the reader to a new methodology to plan, implement and evaluate empowering health promotion programmes.

Health Promotion With Young People

31.13.018

This guide is ideal for teachers, youth workers and those co-ordinating local Healthy Schools Scheme workers in their evaluation and planning of health-related activities with young people. It provides evaluation advice, case-study examples, 'key learning points' summaries and discussion topics.

Health Promotion: Disciplines And Diversity

31.13.065

Edited by Robin Bunton & Gordon Macdonald

Health promotion is now a central force in the 'new' public health movement in Britain. This is the first book, however, to trace the theoretical roots of health promotion, in disciplines such as psychology, sociology, education and epidemiology. The contributors also demonstrate that areas such as economics, philosophy, social policy, communications and social marketing have much to offer the theory of health promotion. The book provides many practical examples of applied theory and will be an essential reference for academics and practitioners alike.

Health Promotion: Foundations For Practice [second Edi

31.13.061

Jennie Naidoo and Jane Wills

This book aims to provide the theoretical framework which is vital if health promoters are to be clear about their intentions and desired outcomes when they embark on interventions designed to promote health. It offers a foundations for practice which encourages students and practitioners to see the potential for health promotion in their work. New for this edition:~ New chapter on Public Health reflects the government's commitment towards the new public health and its importance for a range of health care professionals~ New Section 3: Settings for Health Promotion reflects the focus on the World Health organisation. Chapters on key settings include: Workplaces; Schools; Neighbourhoods; Health Services~ Expanded topics: Epidemiology; Recent advances in health promotion theory; Strategic planning.



Health Promotion: Models And Values

31.13.064

R S Downie, Carol Tannahill, Andrew Tannahill

This interdisciplinary book provides a bird's-eye view of the health-promotion movement, a justification of its aims, a value base for its practical activities, and an account of its links with related fields of health care. The diverse academic backgrounds of the authors have contributed to this wide-ranging analysis. The book will be of value in the preparation and development of health promotion specialists and professionals in the many other areas which are involved in health promotion, such as medicine, nursing, other health professionals, social work, school and community education, and community development.

Health Related Behaviour: An Epidemiological Overview

31.13.015

This overview brings together in one publication up-to-date information on health related behaviour. It concentrates on behaviours relevant to the five Health of the Nation key areas, presenting data for England as a whole. An appendix gives some summary figures for regions.

Health Variations Programme

31.13.050

This programme focuses on causes and pathways. The Programme is made up of projects, based in university departments and research units across the UK, which aim to: advance understanding of the social processes which underlie and mediate socio-economic inequalities in health; advance the methodology of health inequalities research; contribute to the development of policy and practice to reduce the health gap between socio-economic groups.

Ice-breakers, Energisers & Warm-ups

31.13.006

This book contains "tried and tested" activities to use on training courses, as ice-breakers, energisers or "warm-ups" at the start of a course. They can also be used with young people. The activities are described in full, including a section outlining any points for course leaders to note, based on experience.



Improving Health Through Community Participation

31.13.094

This report presents the proceedings of an HEA workshop on community participation. National and local policy makers, health care providers, academics and community leaders were invited to share experiences of community participation and discuss its meaning, and to explore the potentials and problems of community participation in health improvement. This report presents the major issues and recommendations from the workshop group.



Indications Of Public Health In The English Regions - 4: Ethnicity And Health

31.13.093

As part of a series "Indications of Public Health in the English Regions" commissioned by the Chief Medical Officer, a report on Ethnicity and Health has been produced jointly by the Association of Public Health Observatories (APHO) and the Health Protection Agency (HPA). This report provides a comprehensive regional analysis of inequalities in health and health care between ethnic groups in England, and also examines workforce data by ethnic group. It is the

fourth in the series.

Inequalities In Health And Health Promotion

31.13.027

Anne Rogers, Jennie Popay, Gareth Williams & Melanie Latham

This report considers the specific implications for health promotion when dealing with health variations. It reviews qualitative research into the relationships between health behaviour, health promotion and social variations.



Inequalities In Life And Death

31.13.087

Richard Mitchell, Danny Dorling & Mary Shaw

Recent research on inequalities in health in Britain has concentrated on the widening 'health gap'. This study shows how that gap could be narrowed if some of the key social policies of the Government prove to be successful. The research, by Dr Richard Mitchell and Professor Daniel Dorling from the University of Leeds, and Dr Mary Shaw from the University of Bristol analysed every parliamentary constituency in Britain and tested a number of different social policy scenarios, using statistical techniques. The report this book presents;~Illustrates and explains Britain's changing geographical pattern of mortality~Explains the role played by age, gender, social class and employment status in producing geographical inequalities in mortality~Explains the impact of changed in social injustice throughout the 1980's and 1990's~Demonstrates the potential impact of current policy in tackling health inequalities.



Leaflet Catalogue

31.13.092

Hastings and Rother Health Promotions Leaflet Catalogue. The catalogue lists all the

leaflets available to clients. A full list of leaflets can also be viewed on the website www.harhealthpromotion.co.uk.



Literacy Links To Health

31.13.097

Hilary Durbin & Sylvia Summer

This publication offers a practical approach to tackling health inequalities through awareness of the basic skills needs of 20% of UK citizens. It summarises the evidence for the link between basic skills and health outcomes and draws upon the Literacy Links to Health Programme which took place in Harlow, Essex. It has been written for those who work in partnership organisations, who may wish to consider incorporating this kind of project into their work. In addition, there are recommendations for taking forward the debate about basic skills and health improvement at a national level.



Local Government Scrutiny Of Health

31.13.096

Lucy Hamer, HDA

Provides case studies of local authorities' emerging approaches to health overview and scrutiny, and summarises the challenges identified in taking action.

Managing Health Promotion

31.13.038

Ina Simnett

This is a concise, practical and timely guide to the improved management of health promotion. An invaluable source of information and guidance for all those working within organizations who are responsible for managing health promotion work or allocating resources for health development.

Mentoring In Health Promotion

31.13.024

Mentoring is being increasingly used in the education and training of a range of health professionals. This brief report considers the use of mentoring in health promotion. It includes examples of different mentoring relationships and considers what make for helpful mentoring in health promotion from the perspective of mentors.

More Than Brown Bread And Aerobics:

31.13.034

This report provides a summary of the evaluation around the implementation of workplace health programmes in the NHS. It identifies the reality of implementing such programmes and highlights the choices that face managers as well as outlining the systems that must be in place to ensure a successful workplace health programme.

Multimedial - Interacting For Health?

31.13.021

This research report presents a summary of findings from the expert seminar "Multimedia - Interacting for Health?" which was held by the HEA in 1997. The seminar brought together a unique combination of experts and decision makers from the health service, education, industry, research and the media. This report documents the key issues identified and disseminates the four overviews of research, commissioned by the HEA, on the impact of multimedia on health promotion.

On The State Of The Public Health 1995

31.13.057

The annual report of the Chief Medical Officer of the Department of Health.

Our Healthier Nation: A Contract For Health

31.13.044

This Green Paper sets out proposals for concerted action by the Government as a whole in partnership with local organisations, to improve people's living conditions and health. It recognises that there are limits to what Government can do and spells out what the individual can do, if the Government do their bit.



Participatory Approaches In Health Promotion And Health Planning

31.13.099

S B Rifkin, G Lewando-Hundt & A K Draper

The research described in this document was originally commissioned by the Health Education Authority (HEA) as part of its Forward Research Programme which began in 1996. Other projects from the programme included studies examining health inequalities, social capital, community participation and the evaluation of social action programme. There was also a focus on particular population groups such as black and minority ethnic communities and older people. By 31st March 2000, the findings from much of this work had already been published. However, a number of important studies were still outstanding.

Practising Health Promotion: Dilemmas And Challenges

31.13.068

Jennie Naidoo & Jane Wills

This book explores what should inform the practice of health promotion and tackles some of the challenges and dilemmas that practitioners face. PART 1: Theory and Practice - explores the importance of translating theory into practice and considers how reflective practitioners can integrate research and evidence of effectiveness into their work. PART 2: Dilemmas in Practice - examines how health promotion based on core principles is problematic and discusses the resulting dilemmas for practice. PART 3: Challenges for Practice - includes contributions from experienced practitioners on key areas in national strategy and explores the challenges, opportunities and constraints practitioners face in implementing the strategy in practice. Designed to encourage practitioners to reflect on their own practice and discuss critically the issues raised, this is the essential text for all practitioners wishing to explore theory and research in their health promotion work.

Professional Development In Health Promotion

31.13.030

Kim Rivers, Peter Aggleton and Geoff Whitty

A review of the literature relevant to the education, training and professional preparation of health professionals in health promotion.

Promoting Health And Local Government

31.13.013

Ged Moran

The growth in the diversity of approaches both within & by local government led the HEA & the Local Government Management Board to commission Leeds Metropolitan University to undertake this audit of health promotion activities in local authorities. The report summarises the audit and its findings and provides a useful insight into current health promotion practice within local government.



Promoting Health: A Practical Guide

31.13.077

Linda Ewles & Ina Simnett

A best seller since 1985, this 5th edition has been fully revised and updated. The book is user-friendly, accessible and easily understood, enlivened with numerous exercises, case studies and illustrations. It will be useful, for example to nurses and other health workers in training, but it can also provide ideas and information for postgraduate study and professional development in public health or health promotion. Promoting Health is also a helpful resource for tutors, particularly because it contains ready-made exercises and case studies that tutors can use.

Promoting The Health Of Children And Young People

31.13.039

Henrietta L Moore and Leonie Kindness

This report was commissioned by the HEA as part of a strategy to redesign the research agenda for health promotion in England. It is the result of the discussions of the Expert working Group on children and young persons, and its aim is to outline a revitalised research agenda for the health of children and young persons in England.

Putting Health On The Regeneration Agenda

31.13.041

Report of a conference organised by the Tower Hamlets Health Strategy Group, sponsored by the Health Education Authority and London Guildhall University. This report assesses concepts of health and regeneration; outlines perspectives from health and regeneration professionals and people living in regeneration schemes; and makes recommendations. Three regeneration schemes act as case studies: Ivy Bridge Estate, Sapwood Estate and Rods Community Association.



Questionnaire Design, Interviewing And Attitude Measurement

31.13.086

A.N. Oppenheim

This second edition of Dr Bram Oppenheim's established work, like the first, is a practical teaching text of survey methods. The new edition has extended its scope to include interviewing (both clip-board and depth interviewing), sampling and research design, data analysis, and a special chapter on pilot work. As before, the chapters on questionnaire design are supported by further chapters on attitude scaling methods, and on projective techniques. There is refreshingly critical treatment of problems such as faulty research designs, errors in sampling, ambiguities in question wording, biases in interviewing, losses of information, and the interpretation of attitude scales and of projective data. The book is laced throughout with instructive examples from many fields, ranging from marketing surveys to the study of children's political perceptions. Problems of reliability and validity are kept to the fore. Above all, the need for pilot work is emphasized at every stage. The book is intended for graduate methodology courses in the social sciences, but it is also designed to reach out

Reference Manual For Public Involvement

31.13.058

Jacqui Barker, Maxine Bullen & Jenny de Ville

This manual is in two parts which provides information that you need to consider in involving the public and offers a range of approaches.

Refugees And Primary Care

31.13.003

Penny Trafford and Fredelma Winkler

Refugees present with complex physical, psychological and social needs and GPs are often their first point of contact to address them. These needs will challenge even the most compassionate and organised practices. This book takes a practical approach to these issues, guiding the reader through the transition from defining refugees as a problem group to the creation of a service to meet their needs. It examines the problem from the perspective of all of the stakeholders - patients, GPs, receptionists, practice nurses and community groups - and provides sample materials for use in the practice including:~ a new patient registration questionnaire~ a refugee screening template and~ a proposal for a refugee clinic. The topics covered include:~ understanding the problem~ communication and the language barrier~ discrimination~ key elements in clinical care~ women and children~ practice organisation~ working with the community and~ refugees as co-workers. Descri

Seeing Through The Spin

31.13.069

An education pack for teachers and facilitators:~ the typical American receives more than 3,000 marketing messages daily~ the Pope has asked Pepsi Cola to help deliver his messages to the world~ companies provide over £23 million to UK schools, much of it through brand marketing aimed at children. Every day, without us being aware of it, our perception of the world is shaped by multi-billion dollar PR industries. How can we tell fact from fiction - genuine philanthropy from corporate cover up? Baby Milk Action has worked for 20 years to encourage some of the world's largest corporations to behave responsibly. Seeing through the Spin contains activities which will develop the skills students need to deconstruct public relations messages and to become questioning, aware 21st century global citizens.

Special Health

31.13.029

Gill Combes and Ann Craft

In-service professional development programme for teachers of pupils aged 5-16+ who have mild or moderate learning difficulties.

Survey Of Community And Ambulance Trusts

31.13.035

Presents the findings of a survey of the current level of Health at Work in the NHS activity and the structures and processes which support it. Uses real examples to illustrate.



Tackling Health Inequalities:

31.13.083

DoH

The National Health Inequalities Public Service Agreement (PSA) Target has set a tough remit for local authorities to reduce health inequalities within their areas by 10 percent by 2010. This objective will be measured through recording levels of infant mortality and life expectancy at birth. Local authorities have three years to close the life expectancy gap between spearhead councils and other authorities by 10 per cent. Factors that success will be judged on include: male/female life expectancy at birth, cancer mortality rates in under 75s, cardiovascular mortality rates in under 75s and 'Index of Multiple Deprivation 2004'.

Team Building In Primary Health Care: An Evaluation

31.13.019

Michael A West and Tracey Pillinger

How can team building help you? This report summarises all the available evidence on the benefits of team working and explores the implications for multidisciplinary team-working in Primary Health Care.

The Health Debate: Commitment, Participation & Communi

31.13.022

This report of a series of seminars held at the Royal Society of Arts provides information and stimulation to the debate around the issues that will need to be addressed if the prevailing inequalities in health are to be redressed and we are to achieve a healthier nation.

The Influence Of Social Support And Social Capital On

31.13.046

This report includes a review of the literature on social capital and health promotion and presents detailed findings from research on social capital in to communities in an English town. The way in which components of social capital including social trusts, networks, reciprocal arrangements between community members, civic engagement and local identity manifest in relation to the UK context are explored in depth.

The New Youth Games Book

31.13.012

Alan Dearling & Howard Armstrong

This book has become almost an institution in youth clubs and centres, schools, social work organisations and with many parents. It provides fun and imaginations and an amazing range of creative opportunities to use games as a valuable resource for developing relationships with young people. Includes:~ Relationship games~ Puzzles and two player games~ Icebreakers~ Games using darts, pool, marbles, cards, coins and dominoes~ Travel games and New Games~ Commercial games~ Simulations~ Games with younger children



Toolkit For Producing Patient Information

31.13.020

Information is an important part of the patient journey and central to the overall quality of each patient's experience of the NHS. Improving information for patients was a commitment in the NHS Plan (July 2000, chapter 10) and part of the recommendations in the Kennedy Report into the Bristol Royal Infirmary (July 2001, section 2, chapter 23). We need to improve and monitor the information we provide for patients across the NHS. To achieve this, we have developed a toolkit which includes guidance on how to produce written information for patients and a series of templates. We have designed it to make it easier for the NHS to produce good-quality information for patients and assess how it is used.

Understanding Health Inequalities

31.13.067

Edited by Hilary Graham

Understanding Health Inequalities turns the spotlight on a question the heart of health and welfare policy. Why is there a social class gradient in health? How do socio-economic inequalities in life chances and living conditions take their toll on health? The book tackles the questions of why and how by drawing on UK research funded under the ESRC's Health Variations Programme. The authors - at the forefront of research in their field - focus on issues that hold the key to explaining and reducing health inequalities. separate sections of the book focus on:~ ethnicity, gender and socio-economic status~ how health is shaped by experiences and exposures over the lifecourse ~ how our home and neighbourhood may have an additional influence on our health.

Whose Needs Count?

31.13.051

Charmian Kenner

This book describes ten community health initiatives across England, covering health of ethnic minorities, women's health, mental health, unemployment, food and housing.

Women Together: A Health Education Training Handbook

31.13.054

Jill Bedford, Linda J Pepper

This book is designed to enhance health education skills of women who are running health sessions or are training others to do so.

Working For Your Health: A Survey Of Nhs Trust Staff

31.13.036

This report presents the findings from staff surveys in 14 NHS trusts participating in the HEA's research study on workplace health. The survey findings provide baseline data with which to measure the impact of workplace programmes.



Young People In 2002

31.13.091

John Balding

This book shows the questionnaire results for a survey carried out on young people in 2002. These survey services are tailored to suit a co-operative method of working between different agencies supporting health promotion at community level.

The development of the Health Related Behaviour Questionnaire for use in secondary schools was supplemented, in 1990, by a primary-school version. Special questionnaires have been developed for particular needs, such as monitoring young people's smoking levels.

Young People, Health And The Family

31.13.037

Malcolm Brynin and Jacqueline Scott

This report includes detailed findings on the attitudes of today's young people to major health issues such as smoking and drugs. The results of the survey highlight the differences between the view of young people today and those of their parents.



You're Welcome Quality Criteria

31.13.004

DoH

You're Welcome Quality Criteria set out principles that will help health services (incl. non-NHS provision) become young people friendly. It covers areas to be considered by commissioners and providers of health services. Content is based on examples of effective local practice. Dissemination will be via a series of national workshops and through Prolog

Youth Health Promotion

31.13.047

FROM THEORY TO PRACTICE IN SCHOOL & COMMUNITY: the first section of the book provides an overview of the theoretical base and key issues in the conceptualisation, planning, implementation and evaluation of programmes directed towards youth health promotion whilst the second part describes description and analysis of practical projects and programmes.



Clip Display Board: Flexiframe

31.14.007

A flexible display kit based on six grey/black panels and one header. Panels just clip together, so assembly and dismantling could not be simpler.

Clip Display Boards

31.14.004

A flexible display kit based on six grey/black panels. Lighting is included with the kit, which packs neatly into a wheeled carry bag, transportable in the back of the car! All panels are 0.625m wide in order to fit neatly into most saloon cars. Panels just clip together, so assembly and dismantling could not be simpler. Includes the following:~ 6 panels~ 1 header~ 3 kickstrips~ 8 poles (1.0) 2 poles (0.25m)~ 3 mains voltage 100w spotlights & carry case (optional)~ Wheeled carry bag



Mini Desktop Display Stand

31.14.016

Portable free-standing table top display unit
Central panel 900x600mm, flanked by two 450x600mm side panels (surrounding metal boarder/edge measures 2.5cm). Both faces of the blue felt covered panels. Heading panel consists of a drywipe whiteboard Side panels fold in for portability, the header panel is easily removed for packing in the bag Supplied complete with strong black vinyl carrying case. Suitable fixing: Velcro (hook and loop)



Showboard Desktop Display Unit

31.14.006

Portable free-standing table top display unit. Consists of 2 x 3 panel display units and 1 heading panel. Choice of blue or grey reverse. Supplied complete with strong black carrying case. W600xH900xD20mm

A Framework For Peer Learning

31.15.003

Marilyn Harvey

This comprehensive resource offers a youth worker or teacher sound guidelines on how to establish a successful peer education programme. It lays out the different stages of peer education and the structure provided can be used at different levels of participation, over a range of issues. Included are guidelines for action, session plans for recruitment and training, ideas for follow up and evaluation as well as a section on key problems and dilemmas. Used in combination with the Yes Me! book [also available to loan, it provides all the tools required to train young people to devise and run a complete peer education programme.

Active Listening: A Counselling Skills Approach

31.15.001

Anthea Millar and Angela Cameron

Active Listening introduces skills and attitudes fundamental to a counselling skills approach to helping others. It provides a valuable resource for trainers and is ideal for all those on the front line of helping others. This resource will also help managers who interview staff on sensitive issues such as appraisal, grievance, sexual harassment and redundancy.



Health And Neighbourhood Renewal

31.15.011

This resource is an update of New Deal for Communities. It is an introduction to health issues for partnerships and individuals working in neighbourhood renewal and wider regeneration programmes. This guide is designed for partnerships aimed at tackling poor health in their areas. It attempts to provide sufficient detail to help any neighbourhood renewal or regeneration partnership develop an integrated programme to address health issues as part of their planning processes.

Health Visitor Practice Development Resource Pack

31.15.005

This health visitor resource pack has been written to help you develop your family-centred public health role. It offers a framework for practice and guidance for practitioners, their colleagues and managers on the public health aspect of the health visitor role. This pack:~ provides information about the family-centred public health role and new Government policies~ summarises the principles of public health practice~ suggests activities to help you work in new ways. This pack assumes that the reader already knows the theory and practice of health visiting. It describes the new family-centred public health role and what it means in practice rather than being a core text on health visiting.



How To Set Up A Year 6 School Nurse Drop In

31.15.008

PSHE & Healthy Schools Advisory Team

A guide produced as a result of the work of the Primary Links Project, set up to develop links between primary care workers and their local primary schools. This plan can be adapted by other primary schools. The aim of the plan is to guide school nurses on how to run a School Nurse Drop In. Drop-In's would be beneficial in order to follow up PSHE lessons on, for example, sex and relationship education, personal hygiene and drugs and alcohol information.



Ice-breakers, Energisers, Warm-up And Closing Activities

31.15.010

Tacade's team of staff and consultant trainers have produced three volumes of 'tried and tested' activities for use on training courses, or with young people. The activities are

described in full, including a section outlining special points to notewhen running a particular activity.

Peer Learning

31.15.006

Marilyn Harvey

This book uses UK Youth's popular Framework as the basis and contains new material on legal issues, basic and key skills, updated activities and information on UK Youth's BTEC in Peer Education. This comprehensive resource offers sound guidelines on how to establish a successful peer education programme. The structure provided can be used at different levels of participation over a range of issues. Included are guidelines for action, session plans for recruitment and training, ideas for follow up and evaluation as well as a section on key problems and dilemmas. Used in combination with the Yes Me! book, it provides all the tools required to train young people to run a complete programme.

Portfolio Building

31.15.007

Gail Russell

Portfolio Building provides workers with the clarity of understanding required to assist young people to build a portfolio of learning gained. Portfolios are fast becoming a commonplace method of demonstrating young people's learning and are used to assist them to achieve a variety of awards and qualifications. This resource will enable workers to plan portfolios of learning with a particular emphasis on supporting young people's basic skills needs. Using the approaches outlined, identifying learning gained, young people's performances in planning, work layout, numeracy and literacy will improve.

Yes Me!

31.15.004

Marilyn Harvey & Gillian Smith

This book is easy to follow and outlines a user friendly self-development programme designed to help potential peer educators gain the understanding and skills needed to run a peer learning group. Yes Me! clearly demonstrates the benefits peer education has on participating young people by encouraging them to look at themselves, and identifying their qualities and strengths. It looks into topics such as non-verbal communication and group dynamics as well as helping a young person explore why they might want to be a peer educator. Yes Me! is divided into 23 sessions covering many aspects of self-development. It supports quality young work and encourages systematic project planning and evaluation.

