



The Heat Is On: A Guide To Keeping Warm And Saving Money

26.10.001

NEA has produced this interactive DVD with funding from npower Health Through Warmth to promote energy efficiency and affordable warmth. This DVD, with a soundtrack in fifteen different languages, will hopefully encourage you to save money, save energy and help protect your environment. Many people experience not only the problems associated with fuel poverty but face language difficulties that prevent them accessing the information they need to keep warm and well. This can put them at greater risk of contracting cold-related illnesses. The Heat is On will provide the encouragement and assistance you need to make improvements to both your home and the way you think about using and saving energy. Languages : English, Albanian, Bengali, Cantonese, Arabic, Farsi, French, Hindi, Portuguese, Tamil, Kurdish, Somali, Spanish, Swahili, Welsh.

All Our Futures

26.11.007

This video has been made as an illustration of good practice in health & social care development by actively involving people to develop better services. It is a recording of a play developed & performed by "The Amazing Graces", and older women's theatre group based in Brighton. The play features as the highlight of a full day event held in October 2001 run jointly by East Sussex, Brighton & Hove Health Authority, Age Concern and East Sussex County Council. The play tells the story of Lily, an older woman & the challenges she faces as she journeys through our health & social care system. Using the concept of 'legislative theatre', that uses interactive drama to examine issues of importance to local communities & suggests positive changes, the play is performed twice. During the second performance, members of the audience are invited to stop and play and take the stage as the protagonist, Lily. Includes a copy of the video transcript

Focus On Health, Focus On Retirement

26.11.001

This video consists of a set of four trigger questions: 1. What does health mean to you? 2. Who is the healthiest person you know? 3. What does retirement mean to you? 4. What are your thoughts on health and retirement? Each section is approximately 3 minutes long and shows people's responses to the above questions.

Health In Later Years

26.11.004

This video provides an overall view of the main health concerns for people of sixty and over. Presenting ageing not as a problem, but as a natural process with its own unique challenges and rewards.

Older People At Risk

26.11.006

A training video featuring visits by a district nurse, home help, and a relative to enable carers to develop awareness of safety risks to older people and how to deal positively with them. Includes training notes

Time To Act

26.11.003

This video shows ways in which older people can take the initiative in controlling many aspects of their own health. The importance of maintaining mobility and social contact is emphasized, as well as the benefit of active participation in the promotion of good health and the prevention of illness.

Time To Care

26.11.002

This video shows how carers cope, what help can be given by statutory and voluntary bodies and how to integrate old people into family life to make them feel needed.

Who Cares Now

26.11.005

This video focuses on carers of elderly people in the light of the 1990 NHS and Community Care Act. Is an ideal training aid for carers looking after elderly people at home, and for those responsible for organizing support and care in the community.



A New Ambition For Old Age

26.13.019

This resource document from Professor Ian Philp, National Director for Older People, Department of Health sets out the priorities for the next phase of reform under three themes: Dignity in Care, Joined-Up Care and Healthy Ageing. It consists of ten programmes driven nationally and covers the second half of the 10 year National Service Framework for Older People.



Ageing Assets: Implications Of Population Ageing For The South East Region

26.13.018

This report addresses the issues arising from population ageing that are most relevant to the regional planning processes. The overall aim, it is suggested, should be to ensure that contributions and needs of both present and future generations of older people are consciously taken into account in the planning process. By thinking inclusively, future social exclusion will be minimised.

Ageing Matters

26.13.008

Editor: Craig Donnellan

Information gathered from a wide variety of sources to stimulate debate. Looks at ageing matters, discrimination in the workplace, health and care issues. Offers a useful starting-point for those who need convenient access to information about the many issues involved. Includes a list of organisations you may want to contact for further information.

Assessing Older People's Health And Social Needs

26.13.009

L Fee, A Cronin, R Simmons, S Choudry

Whilst there has been extensive research into the influence of social factors on the types of illnesses experienced by older people, there is very little known about the social factors that influence their health beliefs. The study examined these factors by using focus groups and in-depth interviews with older people. The results will provide valuable information for the future development of health and social services aimed at the older population.

Better Health In Retirement

26.13.016

Dr Anne Roberts

Retirement can be a time of great activity - and many people wonder how they found time to work. It can also be a time when people can face greater health difficulties. It is important, therefore, that we continue to look after our health - or break the bad habit that we have build up over the years - so that we can look forward to a long and healthy retirement. Topics covered include:~ developing a healthy lifestyle~ health checks and screening~ common illnesses of later life~ using the health service~ help for older carers

Crime, Abuse And The Elderly

26.13.006

Mike Brogden and Preeti Nijhar

The book also addresses the experiences of elderly people in the criminal justice process - the offences to which they are prone, and the implications for penal policy of an increase in the elderly penal population. Crime, Abuse and the Elderly breaks new ground in its focus on the experiences of elderly people as criminal victims in private space, its insistence on a proper engagement of criminology with crimes involving the elderly, and in its argument that much so-called abuse can be explained criminologically and should be dealt with by the criminal justice system rather than by treatment and welfare agencies. It will be essential reading for students, academics and professionals concerned with the experiences of the elderly.

Developing Rural Services To Older People **26.13.005**

A resource pack which aims to provide information about rural communities, the process of rural development, and examples of different types of activities and services.

Health-related Behaviour And Attitudes Of Older People **26.13.010**

H Cooper, J Ginn and S Arber

The number of older people in the population is increasing. So it is important that cost-effective infrastructures are in place if future health needs are to be adequately met. This in-depth analysis of three major national surveys sought to provide information on the smoking, drinking, dietary and physical activity habits of older people so that health promotion initiatives can be more accurately targeted & the future potential burden on health & social services reduced.

Incontinence & Inappropriate Urinating **26.13.013**

Graham Stokes

This book aims to increase the understanding of incontinence and inappropriate urinating. Essential reading for all those caring for the elderly, either at home or in hospital. The emphasis is on positive & practical information to encourage and reassure carers that there are ways to solve these common problems.

Not Because They Are Old **26.13.011**

This report presents the findings of an inquiry commissioned by the Secretary of State for Health, to investigate the care of older people on acute wards in general hospitals. This request was provoked by increasing public - and political recognition of the deficiencies in the current systems of care which have been highlighted in a series of newspaper articles, radio and television programmes over the last few years. The media attention clearly struck a chord with the experience of many patients and their families and reinforced the fears and concerns of many professionals that the specific needs of older people in general hospital wards were not being adequately identified or addressed.

Old Age Abuse: A New Perspective **26.13.003**

Edited by Mervyn Eastman

This is an important publication for students and professionals in the health & social sciences. The book examines: the prevalence & causes of abuse; how to diagnose, treat & care for people subjected to abuse; training programmes to increase awareness of the problem and teach interceptive techniques; current literature & key issues institutional & community care.

Promoting The Health Of Older People

26.13.012

Anthony Chiva & David Stears

Health promotion makes an important contribution to the knowledge and understanding of the health and well-being of older people. This new book focuses on a range of issues that underpin older people's health and identifies ways health can be promoted. It reviews lifestyles, psychological well-being, a creative look at citizenship, grief, sexuality and travel health. Other specific areas include accident prevention, residential homes and productive ageing. Includes a helpful summary of the steps that can be taken to promote older people's health and well-being. It is recommended reading for advanced undergraduate and postgraduate students of medical sociology, social work, nursing and health studies. Its focus on practical health promotion also makes it relevant to health and social welfare professionals working with older people.

Researching Older People's Health Needs

26.13.004

Jay Ginn, Sara Arber, Helen Cooper

This book highlights the diversity of health issues relevant to later life. It discussed the influence of the physical, social and infrastructure environment on older people's health and recognises their implications to social policy.



Service Standards For The Nhs Care Of Older People

26.13.015

This comprehensive reports details essential service standards for the NHS care of older people, in acute & community settings. It draws on statutory & Patients Charter rights & standards, & recommendations from relevant national bodies. Social issues & the effective coordination of the NHS & social services are referenced. This report focuses on standards in health care, & covers:~ the provision of community-based services;~ hospital-based services;~ outpatient services, day hospital care& rehabilitation services;~ risk management in acute & community settings; staffing & training issues;~ communication policies, including referral practice, record keeping & discharge communication;~ patient dignity, issues of consent, confidentiality, privacy & complaints;~ ethnic & cultural issues;~ dealing with elder abuse in domestic & institutional settings;~ strategies for responding to the issues of falls, stroke & dementia;~ the audit & monitoring of services

Setting Up And Running A Gardening Service

26.13.007

Alison Ryan

A resource pack which covers using the garden as a resource, how to structure a garden service, how to audit the person and their garden.



Uk Study Of Abuse And Neglect Of Older People: Qualitative Findings

26.13.017

Alice Mowlam, Rosalind Tennant, Josie Dixon and Claudine McC

This study was carried out by the National Centre for Social Research and King's

College London and commissioned and co-funded by Comic Relief and the Department of Health. It presents findings of in-depth interviews with a selection of older people who have experienced abuse and mistreatment.

Wandering

26.13.014

Graham Stokes

This book deals sensitively but positively with this difficult topic. Practical but reassuring guidelines are given. Essential reading for all those caring for the elderly, either at home or in hospital, contains readable & practicable help and advice.



Active Ageing

26.15.005

Sara Hawksworth

This resource has been produced to help those involved in setting up and delivering active ageing projects for older people. Included is advice on 'making the case' for this type of programme, guidance in setting up projects, information on the wider range of work that is already being done in this area, case studies from current ageing projects, guidance on how the 'ActiveAge Unit' of Age Concern England can support work in this area, and links to sources of further information.

Age To Age Partners Pack

26.15.003

This pack is designed to help you get involved with Age to Age activities as much or as little as you like, and to help you get started - particularly if you are looking for some inspiration to get those creative juices flowing! [Includes Age to Age Final Report: December 1999]

Enjoy Your Later Life

26.15.004

Physical and emotional well being for older women: this pack contains many useful factsheets. In general, each factsheet provides the following information: ~ introduction ~ tips to prevent the illness or ways to deal with the subject ~ symptoms ~ contact details for further help and advice.



Foray For Health: Alertness, Activity, Agility, At Any Age

26.15.006

Frankie Dearling & Sarah Thorpe

The aim of this toolkit is to provide an evidence-based format for professionals to reference in order to advise on primary, secondary and tertiary health matters, and to promote a positive change in overall health status as a result of contact. The toolkit refers to 'Foray for health' exercise book which is available to loan.

Heating Action For Older People

26.15.002

Julia Green

This is an excellent training pack. It deals comprehensively with the issue of cold homes, and how the cold still make miserable the lives of many of our older citizens. It presents solutions in terms of advice, information and support, and shows the important contribution of those in contact with older people in the community.

Helping Yourself To Health

26.15.001

Age Well

This pack provides guidelines, activities and resources for people who are interested in developing health promotion courses with older people. It is divided into three main sections: How to set up your own Health Course or Health Group, Ideas for setting up Health Sessions and a Photocopy Pack.

