



## Think About Drink

02.02.001

There's more to a drink than you think. Alcohol is a positive part of life for most people. By following the guidelines on this display you can make sure that you can drink alcohol without putting yourself or others at risk. (Contains: 4 x A1 Panels with 3 headers)



### **How Alcohol Abuse Affects Your Liver**

**02.03.001**

This chart contrasts a normal liver with an alcoholic's cirrhotic liver - to show the difference alcohol consumption can make to a vital organ. The text points out the features commonly found in the liver of an alcoholic. This display measures 18"x24" and is framed with an easel mounted on the back.



### **Medical Hazards Of Alcoholism**

**02.03.002**

This display graphically depicts the effect of alcohol on the various body organs. The display stands on any table top and measures 58"x 22" and includes ten true/false test questions.



**Alcohol Dilemmas**

**02.04.005**

*Julian Cohen*

Young people are drinking more alcohol, more often and regularly getting drunk suggesting that alcohol education emphasising moderate drinking is having little impact. Alcohol Dilemmas is a comprehensive card game for young people that focuses on information about alcohol and explores the options in a wide range of alcohol-related situations. It will generate thinking and debate amongst young people and focus on the reality and risks of young people's drinking. The game can be used with groups of up to 12 young people aged between 14 to 25 years, and will appeal to a wide audience including trainers, teachers, youth workers and agencies working with young people.



**Bottle Trouble?**

**02.04.001**

*Pip Mason & Sheila Raby*

This pack comprises six games based on the youth work principles of participation, empowerment and equality. It aims to raise alcohol issues and to review and offer information. The games involve music, cartooning, photographs, as well as a board game, a quiz and a treasure hunt.



**Drinkdeal: It's Your Round!**

**02.04.004**

An active and enjoyable card game for young people age 11+. It aims to challenge & extend existing knowledge about alcohol, and to learn something new! Contains 48 questions and answer cards & 27 'discussion questions', that cover aspects such as alcohol use, risks, the law, attitudes & myths. These are intended to trigger group discussion on a range of alcohol issues. The game will generate a lot of ideas for further work on alcohol related issues & drinking behaviour.



**Have You Got The Bottle?**

**02.04.003**

*Pip Mason & Sheila Raby*

A card game for adults, designed to encourage discussion about the predicaments we all experience in dealing with drinking in our everyday lives. The game addresses issues surrounding 'ordinary' drinking, rather than those of dependence or 'problem drinking'.



**Six Pack**

**02.04.002**

This pack comprises of six games to make learning about alcohol fun and exciting. Developed by young people themselves, this pack provides a range of easy to use, snappy activities for youth clubs and schools. Suitable for youth workers and teachers. Six Pack includes: Treasure Hunt Game; Let's Party Board Game; Quiz; Photopack - for use as a stimulus for discussion; Musical Beats Backing Tape - create your own lyrics! Cartooning.



## **Spin The Bottle Roulette**

**02.04.006**

This fun and interactive game puts a new spin on alcohol education. The vivid artwork includes a spinner, which is a mock-bottle of whiskey, and numerous alcohol-related categories such as violence, depression, and drinking and driving to answer questions about and discuss. Comes with teaching suggestions and trivia cards. 20 ½" x 28".



**Alcohol Unit Measures**  
02.07.007

Set of four glasses each representing 1 Unit measure of alcohol:- ~ BEER: Half pint ~ WINE: 125ml ~ SHERRY: 50ml ~ WHISKY WITH ICE: 25ml



**Alcolmeter**  
02.07.001

Portable Breath Alcohol Analyser: Hand-held, battery powered, portable instrument with liquid crystal digital display giving direct readout of the subject's blood or breath alcohol concentration, complete with instruction card and Operator handbook. Disposable mouthpieces are required when using the Alcometer and can be purchased at a cost of 12p each.



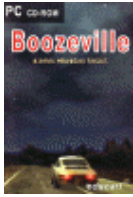
**Death Of A Liver**  
02.07.003

Emphasizing alcohol's role in liver disease, this easel display features cross-section, 3-D, handpainted models that represent a normal liver, a liver with hepatitis and a cirrhotic liver. 9"x12". Includes a booklet about Hepatitis A and B, and Cirrhosis



**Drunk Busters Glasses**  
02.07.004

These goggles can be used to demonstrate what it feels like to be drunk. They simulate the effects of impairment, including reduced alertness, slowed reaction time, confusion, visual distortion, alteration of depth and distance perception, reduction of peripheral vision, poor judgement and decision-making, double vision and lack of muscular co-ordination. Includes instructor guidelines.



## **Boozeville**

**02.09.001**

Alcohol education CD-Rom covering safety, law, health, reasons & choices and problems. Boozeville provides engaging storylines, presenting information about alcohol in interesting and exciting ways. The CD-Rom contains an alcohol encyclopedia, quizzes and lesson and session plans. Includes user manual.



**Just One More**

**02.10.003**

and personal safety. Includes accompanying notes.

1.3 million children in the UK have parents who misuse alcohol. This DVD highlights this often hidden issue and discusses the challenges encountered by teenagers who are having to become young carers as a result of their parents alcohol misuse. The film is centred around three main characters Mark, Emma and Carol and there are three different scenarios which are acted out by the young people, each highlighting the related issues which affect these young people and their siblings and the varied ways in which they try to deal with their situations. Includes an accompanying booklet ideal for discussion, how the resource helps with delivery the PSHE curriculum and Every Child Matters agenda, as well as helplines and definitions.



**Kick It: Binge Drinking**

**02.10.001**

Because sensible alcohol consumption is prevalent in numerous social settings, condemning drinking carte blanche is not a credible message to young people, so, rather than producing a video covering the usual information about alcohol, we have focused purely on the dangers of binge drinking. This is for two reasons. Firstly, we believe being offered alcohol is one of the first opportunities children are given to find the wherewithal to be assertive in relation to potential problems with drugs. Secondly, quite simply, every year around 30,000 people die from alcohol related illness. The two factors are not unrelated. "Kick It" - Binge Drinking is approximately 10 minutes in length and delivers a powerful anti-binge drinking message aimed at children aged ten to sixteen and is therefore suitable for Key Stages 3 & 4. The video covers topics such as binge drinking effects, alcohol information and health issues, peer pressure

## **Alcohol & Human Physiology**

**02.11.009**

This video explains the physiological effects of alcohol consumption and how it damages the body. Includes interviews with physicians and testimonials from six recovering alcoholics.



### **Alcohol In The Dock**

**02.11.004**

What happens if you give a camcorder to a group of youngsters and ask them to make a programme about alcohol? The answer is a video that takes a serious look at both pros and cons of drinking and allows viewers to make up their own minds about the subject. The group interviewed people representing different angles for debate. 1) The Health Angle (6mins 30secs) - An Accident and Emergency Nurse shares her experiences and knowledge of the implications of excessive drinking. 2) The Legal Angle (4mins 45secs) - A Senior Police Officer discusses the legal aspects of alcohol use and the Police perspective. 3) The Business Angle (4mins) - A Landlord looks at the positive side of alcohol consumption in the UK, focusing on employment and social benefits. 4) Your Angle (3mins 45secs) - An open debate by young people sharing stories and opinions about drinking alcohol. The programme can be screened in sections and is supported by a set presenter guide cards.



### **Big Night Out**

**02.11.011**

*Iqbal S Hyare*

This video is a young people's multicultural alcohol trigger video, aimed predominantly at the 14-25 age group. The video comprises three episodes and is constructed as a soap opera. It is designed for use in both formal and informal settings such as schools, colleges and youth centres. Primarily about alcohol, but also provides trigger material to discuss racism and sexism. **WARNING:** Strongly recommended that this user guide be read and considered prior to showing.



### **Dead Drunk**

**02.11.003**

This dramatic and poignant story concerns teenager Jay and the impact alcohol has made on his life. His mother regularly makes a laughing stock of him getting drunk in the local pub. The only escape route he sees for himself is to join the army like his absent father, a dream he shares with Matthew, a boy from his block who craves acceptance from Jay's gang. He comes home one night to find his mother dancing in the arms of a stranger. A bitter row ensues in which his mum reveals a startling truth about the father he idolises. In a state of distress Jay runs out and encounters a group of his friends including Matthew, who touchingly reminds him of their shared ambition. They all spend the night by the canal downing vodka and alcopops, until, in an agonisingly realistic sequence, Jay, Matthew and friends are confronted with the perils of drinking. Includes supporting information for teachers and students.



### **Extra Guest**

**02.11.002**

*John Balding & Sue Plant*

This video portrays an unsupervised teenage party and raises many issues of importance to young people and their parents. Used in conjunction with a teaching pack, it aims to help young people understand the dangers of alcohol and the concept of sensible drinking. (Teaching pack available on request should be read thoroughly before use).



### **Happy Hour**

**02.11.015**

*Athena Information Management*

A dedicated programme, which includes a short video drama, featuring a group of young people whose night out ends in tragedy after one of them drives his car, unaware his friends have spiked his drink. The teaching guide provides comprehensive class work in three lessons. Lesson one takes a detailed look at the effects of alcohol, both physical and social. In lesson two the pupils work together to define sensible drinking. Lesson three is a quiz to reinforce all the lessons learnt. This useful resource illustrates the issues which arise from young people's use of alcohol, and helps promote socially responsible and sensible attitudes to drinking. All issues are identified in the teaching notes, and a quiz in the final session will reinforce the key points.



### **Have A Good Time**

**02.11.010**

Designed and produced to provide a unique insight into the problems associated with young people and alcohol. Made with the help of young people, for young people the programme revolves around a disco that goes terribly wrong. Although it clearly shows the consequences of abusing alcohol and message does not 'preach', 'talk down', or say 'don't drink'. The example Role Play Scenarios - based on the characters in the video - give young people the opportunity to demonstrate how they would react to the situations outlined. A range of exercises have been provided to increase awareness of how alcohol affects people and the unintended and unwelcome consequences it can have to their lives. Includes Support Notes. Suitable for Aged 10+



### **In Your Face**

**02.11.012**

The aim of this film is to promote class discussion and to raise student awareness about facial injuries - how common they are, how they are inflicted, how they might be avoided and the influence of alcohol. In Your Face is about the facial injuries that can result if drinking excessive amounts of alcohol leads to a violent situation. (Includes Teacher's Guide).

## **It Could Happen To You**

**02.11.007**

This video is aimed at 16-25 year olds. Young people recall the fate of their friends who died in driving accidents after drinking. They also face living with the memories of what might have been. The video's thought provoking, powerful images will stimulate discussion. They are not just stories. It could happen to you. (Based on real events). Includes information sheet. Aimed at 16+ years, could be used with younger age groups at adults' discretion.



## **Swings And Roundabouts**

**02.11.001**

*Vicki Lader & Sam Beal*

This video tackles the issues of alcohol use and sexual health. Made by young people in East Sussex, the film covers realistic situations where they indulge in risky behaviours. The 23 minute film can be split into 3 case studies or shown in its entirety to promote discussion. Accompanied by A4 booklet which includes a quiz and further activities. Suitable for 14-16 year olds, this resource is ideal for use in schools and other youth settings.



## **Turning Points: Alcohol**

**02.11.016**

This series is designed to highlight the consequences of alcohol misuse on young people's lives. Each programme focuses on the first-hand experience of those whose lives have been affected by alcohol, offering practical insights into how young people can overcome the problem of alcohol misuse. The programmes themes are:~ Alcohol leading to an unplanned pregnancy - Following a drinking binge, Katy had unprotected sex and got pregnant. This documentary highlights how young people can fall into this trap, as well as the frustration faced by parents whose children excessively drink.~ Drinking that led to being banned from driving - 18 year old Nick lost his girlfriend, friends, car and self-respect because of alcohol.~ A problem drinker in the family: [Winner of 1999 Winner] Living with a member of the family who has a drink problem has a devastating effect. This programme focuses on 17 year old Emma and her mother, exploring how alcohol nearly destroyed their relationship.

## **Understanding Alcohol: Use And Abuse**

**02.11.006**

This Walt Disney cartoon communicates the dangers of alcohol to young people. Showing how alcohol disrupts mental and emotional responses and explaining the clinical effects of alcohol on the body.



## **Young People And Alcohol**

**02.11.014**

This 999 Lifesavers Video explains that teenagers try alcohol for a number of reasons, and whilst parents are prepared to accept they may experiment with drink, they are not prepared for the latest findings - over 140,000 children under the age of sixteen drink the equivalent of seven pints of beer a week. 999 reconstructs the stories of children who drink regularly often ending in disaster. Information on the physical and social effects of alcohol is also provided.



**Alcohol And Health**

**02.13.010**

*Catherine Hartz, Moira Plant, Malcolm Watts*

A useful summary which reviews the physical, psychological and social harm caused by heavy drinking. There are chapters on recognition and simple intervention and working with problem drinkers.



**Alcohol And The Young**

**02.13.003**

A report outlining the extent of alcohol related harm among the young with sections on: problem-drinking parents; effects of drinking during pregnancy; problem drinking in children and the associated consequences.



**Alcohol Issues**

**02.13.012**

*Editor Craign Donnellan*

Information gathered from a wide variety of sources to stimulate debate. Looks at the impact of alcohol on society. Offers a useful starting-point for those who need convenient access to information about the many issues involved. Includes a list of organisations you may want to contact for further information and a photocopiable study guide.



**Alcohol Problems In Old Age**

**02.13.018**

*Mike Ward & Christopher Goodman*

Alcohol Problems in Old Age offers a practical and easy to read guide to work with this difficult client group. It provides:~ an introduction to the nature of alcohol problems among older people and how to identify them~ advice on sensible drinking limits for older people~ practical guidance on encouraging clients to change~ tools to be used with older problem drinkers~ pointers to working with clients who appear reluctant to change their drinking.



**Alcohol: Measuring The Impact Of Community Initiatives**

**02.13.023**

*Betsy Thom, Moira Kelly, Sarah Harris & Angela Holling*

The aim of this book is to set out methods for measuring the impact of local alcohol-based initiatives. It draws on research carried out in two communities, gives guidance on developing a framework to assess impact, using appropriate indicators and measures. Useful for local alcohol development.



### **Beyond The Limit**

**02.13.026**

This study is about alcohol misuse and its impact on children. Most people who consume alcohol do not have a drink problem and this paper is intended to raise concerns about the responsible use of alcohol by adults. Nor is it aimed at increasing the stigma associated with alcohol abuse, from stigma already plays a considerable role in preventing children abuse, for stigma already plays a considerable role in preventing children from getting the help they need. Instead we want to discover ways of helping based on an understanding of the desperation which can lead to alcohol misuse, but without minimising in any respect the suffering caused to children



### **Choosing Health In The South East: Alcohol**

**02.13.001**

*David Sheehan*

As part of the Choosing Health series, this report presents data on alcohol in the South East. The main purpose of the report is to describe the pattern and impact of alcohol consumption in the South East region. It also highlights the relationship between alcohol and health and its association with crime, and sets out ways of tackling alcohol-related issues.



### **Coming For A Drink?**

**02.13.017**

*Roslyn Bandy*

A booklet for people with learning difficulties. It uses picture, clear language and large print to give advice about how to drink in moderation, how to recognise when you are drinking too much and where to go for help and advice.



### **Growing Up With Alcohol**

**02.13.002**

*Emma Fossey*

The use and misuse of alcohol by young people is an established concern. Initiatives designed to educate the young about the potential dangers of alcohol are frequently directed solely at teenagers. Growing up with Alcohol argues that this may be leaving it much too late. Emma Fossey presents a detailed account of a study of children aged between five and ten years, carried out through a series of ingenious game-like activities. She explodes the myth that young children are ignorant about alcohol and provides valuable insights into how very young children learn about alcohol and into their early perceptions of alcohol. The study questions and the effectiveness of past alcohol education and argues strongly that future initiatives should develop innovative and user-friendly alcohol education materials for use in primary schools, as well as in secondary schools and colleges.



## Health Issues Related To Alcohol Consumption

02.13.024

*Editor: Ian MacDonald*

An overview of health as related to alcohol consumption by an international panel of medical experts. Covers: definitions, consumption, genetics, body weight, cardiovascular system, pregnancy, breast cancer, nervous system, cancers of digestive tract and liver disease.



## Indications Of Public Health In The English Regions - 8: Alcohol

02.13.006

The North East has some of the greatest problems in the country because of links between many drink-related problems and deprivation, according to figures published today.



## Keeping The Peace

02.13.004

*Katharine St.John-Brooks*

This is a guide to the prevention of alcohol-related disorder and is a follow-up to the MCM research report "Drinking and Public disorder". Aimed at licensees, the police, local authorities and Licensing Justices, this practical guide aims to stimulate local multi-agency activity to reduce the incidence or disorder in and around licensed outlets.



## Let's Drink To Your Health!

02.13.025

*Nick Heather and Ian Robertson*

Designed for all those who, due to health or financial reasons wish to cut down on their drinking, this book does not preach but it does give all the facts about alcohol. Useful advice to enable people to change their drinking patterns, a drinking diary and tips for drinking less are included. Contents: Towards healthier drinking; why should I cut down?; how does alcohol affect me?; alcohol and your health; women and alcohol; why do I drink?; alternatives to drinking.



## Medical Students' Handbook: Alcohol And Health

02.13.011

*Marsh Y Morgan, Bruce Ritson*

This handbook is intended "to fill this gap" and to provide information on alcohol use and misuse sufficient to meet the needs of medical students in training today and of their recently qualified colleagues. A detailed review of the physical, social and psychological harm caused by heavy drinking with illustrations. Useful chapters on assessment and intervention.



## Teen Issues: Alcohol

02.13.005

*Jim Pollard, Chloe Kent*

This book explains what alcohol is and how it affects your body and mind. You will discover exactly what can happen if you drink too much alcohol. Facts are explained clearly and advice is given by professionals.



**The Ultimate Challenge**  
02.13.022

This useful resource provides a one-stop tool for offering positive alternatives for your people and groups. Contains 50 recipes in this pack are divided into three categories and provide a selection of:~ Simple: a few cocktails using everyday ingredients~ Sophisticated: cocktails containing syrups etc~ Social: recipes for punches and social occasionsThe first part of the folder gives useful information and practical pointers to setting up and running a alcohol free bar.



**Under The Influence**  
02.13.015

A summary report of 12 projects in which the Portman Group has been involved, with recommendations for national, local government, police and magistrates, the alcohol industry and education.



**Under The Influence: Coping With Parents Who Drink Too Much**  
02.13.020

*Toni Brisby, Sue Baker, Teresa Hedderwick*

This report aims to direct attention to the needs of children whose parents drink too much, and to identify the difficulties inherent in providing access to appropriate support. This is an essential first step towards encouraging collaboration between a wide range of agencies in finding a way forward to prevent long-term harm too children as a result of parental alcohol problems.



**Underage 'risky' Drinking**  
02.13.027

*Lester Coleman and Suzanne Cater*

A new report exploring why some underage (aged 14-17) young people take part in 'risky' drinking, and the effect this can have on their health and wellbeing. The report includes extensive quotes from the young people themselves. Of interest to parents, teachers, youth workers, substance misuse workers and a range of additional practitioners and policy makers working in this area.



**Young People & Alcohol: Attitudes To Drinking**  
02.13.007

When looking over these many years of figures, we find that young people in recent years are...~less likely to drink alcohol on at least one day in the last seven (in 2001, 49% of 14-15 year olds and around 26% of 12-13 year olds reported drinking and the majority drank on just one day in the last seven) ~less likely to drink beer, lager, cider, wine and shandy in the previous week (in 2001, 34% of 14-15 year old males reported drinking at least 1 pint of beer 'the last seven days') ~less likely to drink but, on average, those that drink, drink more (in 2001, 21% of the 14-15 year old male drinkers drank 5 or more pints of beer compared with 12% drinking the same amount in 1991) ~more likely to drink pre-mixed spirits - alcopops (in 2001, 25% of 14-15 year olds reported drinking alcopops in the last 7 days) ~more likely, if you are a 14-15 year old female, to drink spirits in the last 7 days (in 2001, 20% of this group reported drinking spirits in the last week and, of these, 25% drank 5 or more measures) ...when compared with figures from previous years.



## **Young People And Alcohol: Its Use And Abuse**

**02.13.014**

*John Balding*

A study of the 'alcohol environment' of 8,315 boys and girls aged 12-13 (Year 8) and 14-15 (Year 10) pupils. In addition to baseline information about amounts, frequency, and types of drink consumed, the report examines alcohol-related domestic aggression and its relation to family structure.



## **Young People And Alcohol: What 11-24 Year Olds Know, Thinking And Do**

**02.13.016**

*Linda Wright*

An overview of recent research on alcohol and the young, focusing on their knowledge attitudes and behaviours. Presents a constructive discussion of contemporary issues.



**Alcohol Education: A Community Approach**  
**02.15.013**

This pack is designed for use by community groups and the people who work with them. The aim is to help others explore issues relating to alcohol by: Providing information about alcohol; Providing groups with an insight into how people in similar circumstances feel about, and can deal with, the use of alcohol; Providing discussion starters on alcohol and community issues.



**Alcohol On The Agenda**  
**02.15.007**

*Thurstine Bassett, Judith Beer & Pam Naylor*

This pack is designed for experienced trainers to organise courses around alcohol and older people and alcohol and women. Materials can be adapted for one-hour or day long sessions.



**Alcohol, Child Care And Parenting**  
**02.15.021**

*Wendy Robinson & Michael Dunne*

In the wider context of social problems, misuse of alcohol, the nation's favourite drug, is a major problem. In the context of childcare, drinking by parents is not often seen in terms of its impact on children and in on its long-term effects on their growth and development.



**Alcoholfacts (set A)**  
**02.15.005**  
*Dr Gerald Beales*

Information is provided and worksheet exercises are offered in order to discourage the misuse of alcohol. Topics covered include the effects of drinking alcohol on the rest of the body and on other people, young people's media images of drinking, alternative ways to relax and resisting pressure.



**Alcoholfacts (set B)**  
**02.15.006**  
*Dr Gerald Beales*

This pack explains what is known about alcohol, the health implications and social costs when misused. Facts to allow exploration of what sensible drinking is, reinforced with exercises. (Age group suitability 15+)



**Alcoshots**  
**02.15.001**

This resource was developed by young people for young people aged between 14-19 years. It aims to raise young people's awareness and to promote sensible, appropriate drinking behaviour. The photographs provide structured opportunities to explore some situations regarding the use of alcohol. Produced in conjunction with St John Ambulance, there is also some basic First Aid information for young people. The Alcoshots materials contain:~ 12 photographs of young people in alcohol related situations.~ Discussion question and fact files to explore and enhance young people's knowledge~ Background papers on the project process, First Aid, and young people's drinking.



**Drunk In Charge Of A Body?**

**02.15.016**

This unique educational resource contains thirteen case studies to facilitate discussion and participatory learning about alcohol and personal and sexual relationships. Accompanying each case study are questions for discussion and suggestions for activities. Photocopiable materials include a quiz, question sheets, information charts and suggestions for individual work groups.



**Drunk: Unit 3**

**02.15.010**

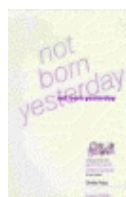
Examines how to respond appropriately to alcohol-related incidents and help young people avoid the risks and harms related to alcohol. Offers the opportunity to identify individuals and agencies able to offer support.



**Learning About Drinking: Unit 2**

**02.15.009**

Investigates starting points for raising alcohol issues appropriately and effectively with a variety of ideas outside formal education settings. (Unit 1 should be used prior to Unit 2).



**Not Born Yesterday**

**02.15.012**

*Sheila Raby*

A training manual enabling health promoters to run a half-day course for care workers about alcohol and older people. Contains introductory notes about alcohol and older people and the role of care workers, session plans and trainers' notes, handouts and visual aids.



**On The Booze Again**

**02.15.018**

These materials are designed to provide a programme of alcohol education for use in a wide variety of settings, such as schools, Pupil Referral Units, Young Offending Teams and informal youth settings. They are aimed at young people of different educational abilities, including those with poor literacy skills, to help them to increase their knowledge of alcohol related issues, explore attitudes and values and to improve their personal and social skills. There are 15 interactive participatory activities, using a variety of learning and teaching ideas including discussion, cartoon 'trigger' illustrations, role play, drama and collages. The materials have been successfully trialled in a variety of settings by involving the target groups outlined above in the development process.



**Peer Alcohol Education Toolkit**

**02.15.004**

*Helen Lee*

This toolkit contains materials that will enable a school to develop a peer alcohol education project based upon the outcomes of the successful projects. It will act as a flexible resource based for a project containing:~ A CD Rom with three sections: statistics on young people and drinking; What makes effective alcohol education?; and Peer Alcohol Education - What make it work? This has been trialled for use with young people, and for presentations to teachers, learning mentors, school nurses, governors and parents.~ Background information on peer alcohol education, including case studies.~ Practical tools for developing a project, including recruiting peer educators and activities for use with students on peer educations and alcohol issues.



**Respect It!**

**02.15.003**

The materials will provided a basic entitlement for alcohol education for 11-16 year olds. It is a structured, progressive and developmental programme that may be used in conjunction with other alcohol resources, or as a 'stand alone'. This teaching pack contains:~ 15 lessons including Decisions - who decides?; Have you got an attitude?; Help!; What is acceptable drinking?; and Can I remember?~ Photocopiable materials for classroom use~ 2 Background papers on curriculum and research into young people's drinking



**Streetwise**

**02.15.019**

This resource aims to present a balanced picture of how and why people drink alcohol. It acknowledges that alcohol is not necessarily 'bad', but that it can have serious and harmful effects when misused. Streetwise follows a 'harm-minimisation' approach and seeks to develop student's knowledge, skills and abilities to minimise the harm associated with alcohol misuse. The program includes learning strategies which simulate real life, acknowledging that choices about alcohol use are complex. The materials are designed to be used in lessons covering personal, social or health education, citizenship or science. Accompanying the CD-ROM is a booklet of photocopiable worksheets for use in science, citizenship and PSHE/PSE/PSE lessons. These worksheets are also available as PDFs on the CD-ROM.



**The World Of Alcohol**

**02.15.011**

This resource is intended to increase children's knowledge about alcohol and its effects, address and clarify their attitudes towards its use, and to help to enhance and develop the skills require to deal with alcohol related situations. It contains:~ 7 key lessons including: Alcohol - what is it?; Making choices; and Keeping safe with alcohol.~ Photocopiable classroom materials~ 11 workshops for teachers, whole school staff, parents and governors~ 2 Background papers on the alcohol education curriculum and the use of alcohol by children and young people.



### **Turning Points: Alcohol Teachers Resource**

**02.15.017**

*Amanda Bradshaw & Adrian King*

This resource pack supports the three programmes from the BBC, Turning Points: Alcohol Misuse [Code:02.11.016] also available to loan. Each programme focuses on the real experience of a young person whose life has been affected by alcohol. Programme 1: Emma's Story - 17 year old Emma lives with her mum, whose drinking nearly destroys their relationship. Programme 2: Katie's Story - Katie has unprotected sex with her boyfriend after a drinking binge and is now a single mother. Programme 3: Nick's Story - 19 year old Nick loses his friends, his girlfriend and his self-respect because of his drinking. This resource supports teachers in looking at the sensitive issues raised in the programmes. It actively involves 11-14 year olds in their own learning, empowering them to make informed choices about their use of alcohol. Contents as follows:~ background information to the programmes~ classroom follow-up activities~ alcohol information~ useful contacts & addresses.



### **We've Seen People Drinking...**

**02.15.014**

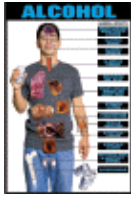
Revised 2004. A consideration of the issues and approaches relating to Alcohol Education and Primary Schools: The majority of this book is suggested activities related to alcohol for primary age children (age 8-11 years). There is also some discussion of schools alcohol policy.



### **Young People & Alcohol: Unit 1**

**02.15.008**

Foundation Unit for use before "Learning About Drinking" and "Drunk". Covers the physiology and pharmacology of alcohol; its function and value in youth culture. Concludes by investigating safer drinking guidelines.



## Alcohol

02.16.003

*The Algra Corp*

From the Health & Drug Education Series, this chart shows the harmful effects of alcohol.

Size: 24" x 36"



## What Alcohol Does To Your Body

02.16.002

This laminated poster shows the dangers of excessive drink and how it can damage your body. Highlights the following points: effects on the family; cost to society and what you can do about it.



## Binge Britain

02.16.005

*Comic Company*

Binge Britain poster stating: "It's any Friday or Saturday evening. Millions of people are getting ready to go out. They're looking forward to some fun. Meeting friends. Eating. Dancing. Having a few drinks..."



## The Harmful Effects Of Alcohol

02.16.001

*Bruce Algra Health & Drug Education*

From the Bruce Algra Health & Drug Education Series, this informative and safety-filled chart shows the harmful effects of one of the most talked about subjects in schools today. Each chart highlights the harmfully affected areas in bold colours and explains in clear text. Laminated for durability. Size: 24" x 36"

