

Contraception: Card Game

15.04.001

Julian Cohen

The facts about contraception for young people. The game covers names of contraception methods, information about them and where they can be obtained, pros and cons of different methods, also full colour pictures.



Contraception: The Board Game

15.04.002

Barbara Hastings-Asatourian

Aims to enable open discussion about sexual health and contraception in a relaxed, enjoyable yet constructive peer-group settings. A board game for young people covering sexual health: safe sex, contraception education, assertiveness, the reproductive system; how pregnancy occurs; sexually transmitted infections (sti's). Main feature of game is the peer led discussion when picking up cards. Includes Facilitator's Notes



Sexploitation

15.04.006

Trust for the Study of Adolescence

This exciting board game, developed by a group of Sussex teenagers, aims to promote sexual health awareness and is aimed at age 14+. Subjects covered include contraception, HIV/AIDS, sexually transmitted diseases, pregnancy, reproductive health facts and figures.



Contraceptive Display Kit

15.07.005

This 'hands-on' resource contains samples of contraceptives in a lift-out tray which can be passed around a group, along with a training manual, fpa leaflets on contraception, selected fpa factsheets and, for the first time, a condom demonstrator. Ideal for use by teachers and group leaders to stimulate interest and discussion about different methods of contraception, this unique resource is presented in a sturdy briefcase-style holder.



Guide To Contraceptives

15.07.001

Explain contraceptives with this display, present the full spectrum of birth-control choices with this three dimensional exhibit! Contraceptives and anatomical models are mounted in a carrying case with fold-out information panels that give the facts about various birth-control methods. Measures 52"x19" when open and is suitable for any tabletop.



Safe Sex Box

15.07.008

D&Wp

This Safe Sex Box includes 16 different methods of contraception and 8 Sexually Transmitted Infections (STIs) displayed in a fascinating 3D-manner, an interesting and effective training session is guaranteed. Enables the trainer to overcome the difficulty of using those substances which carry or have a bio-hazard such as blood and medicines, and prescriptions devices which are often extremely expensive and can be hard to obtain. Each method of contraception or STI is contained within its own case bearing details on how used, advantages and disadvantages (contraception) and how caught, symptoms and treatment (STIs). Includes a useful booklet 'A Guide to the Safer Sex Box' Designed to suite everyone working in Safer Sex Education; schools; health clinics; advice centres; youth organisations etc.,



Safer Sex Training Resources: Contraception & Sti's Flash Cards

15.07.003

One of the classic training tools! These two sets of flash cards covers a range of 16 Contraceptives and 10 STI's with explicit medical content. A duplicate set of STI flash cards are also included with the explicit images omitted for use with young people or the very squeemish! They are freshly designed to be clearly visible from a distance, or passed out amongst a group. Each card is laminated in thick plastic for durability and sets are contained within a strong moulded case With one side bearing the subject introduction and the other the detailed subject information, they are ideal for classroom or lecture situations. Ideal for testing the subject's knowledge against the information on the rear of the card.



Contraception: The Computer Game

15.09.001

*Barbara Hastings-Asatourian & Information PLUS
2004*

Contraception: The Computer Game aims to make talking about sexual health, behaviour and choices easier, more informative and more constructive. Designed for 1-6 players (aged 13+) or teams, the game involves counters landing on "Risk", "Question", "Choices" and "Wait Here" squares. On the way players test their knowledge of sexual health and contraception, assess and avoid risky behaviours, think through dilemmas and collect information. Explicit in terms of language, information and situations but always encourages responsible behaviour characterised by not giving in to outside pressure, opting for safer choices and not launching into sexual behaviour and experimentation individuals are not yet mature enough to cope with. All questions, situations and graphics included in PDF files for review and further activities. Features: ~ 30 risks to evaluate ~ 29 knowledge base questions to answer ~ 24 dilemmas to resolve with 72 choices ~ 6 resources to collect ~ PDF files of all content



Birth Control For Teens

15.11.003

This video not only contains information, but will also raise many questions, so an informed health educator should be present. The health educator needs to answer concerns about side effects, health risks, and misconceptions, among other concerns. Encourages couples who are sexually active to use some method of birth control to avoid pregnancy and to use a condom to prevent STD's. Includes information sheet. Essential to view prior to use.



What You Really Need To Know About.....contraception

15.11.004

If you're considering contraception - or if someone you're close to is - then this video will help you understand what it is all about, the different methods of contraception available and other important practical points. Introduced by John Cleese and presented by Dr Robert Buckman.



Conception Statistics: 2004

15.13.011

The Office of National Statistics (ONS) conception statistics are used to monitor progress towards the Teenage Pregnancy Strategy's target to halve England's under-18 conception rate by 2010, from a 1998 baseline. Conception Statistics 2004 presents final statistics on conceptions for women usually resident in England and Wales.



Contraception And Sexual Health, 2005/06

15.13.003

T Taylor, L Keyse, A Bryant

This report presents the results of a survey on contraception and sexual health carried out by the Office for National Statistics (ONS) in 2005/06 on behalf of the Information Centre for health and social care. Questions on contraceptive use and sexual health were addressed to women aged 16-49 and men aged 16-69. Most respondents used a self-completion format. Statistics regarding contraception use among women aged under 50; sterilisation and vasectomies; sexual health and condom use; knowledge of sexually transmitted diseases are contained in this report

Contraceptive Handbook (second Edition)

15.13.002

Toni Belfield

This book is a unique guide to family planning methods and services for health and other professionals. Designed for quick and easy reference, the handbook has now been thoroughly revised, updated and expanded in this second edition. New information is included on the role of nurses in family planning, service provision issues, the importance of information giving, and harmonising practice for the future.



Contraceptive Handbook (third Edition)

15.13.004

Toni Belfield

This handbook aims to provide a convenient and comprehensive guide to contraceptive methods and services. In addition it addresses other areas of reproductive and sexual health such as pre-pregnancy care, sexually transmitted infections and abortion. It is not, and does not set out to be, a comprehensive clinical text book.



Diverse Communities: Identity And Teenage Pregnancy

15.13.012

Department of Health

This resource has been produced as a consequence of the findings of the Diverse Communities Project. It focuses on strategies that teenage pregnancy co-ordinators and others can use to develop an inclusive approach to their work.



Multi-agency Working To Support Pregnant Teenagers

15.13.008

The Teenage Pregnancy Unit, Department of Health, and Royal College of Midwives produced this guide in 2007 to support midwives in providing optimum care for teenagers. It explains why routine information sharing with other agencies (with the mother's consent) is critically important to meet their needs and to help them achieve better outcomes for themselves, their partners and their children. It suggests some straightforward mechanisms for the sharing of information between maternity services and other agencies, and also provides examples of care pathways specifically for pregnant teenagers.



Supporting Effective Contraceptive Use

15.13.005

Sheila White

This resource will help practice nurses reflect upon, review and improve the contraceptive service they provide to patients. Informed by research and written with an advisory group of family planning specialist practice nurses, it offers clear and practical advice on how to make such a service accessible and effective.



Teenage Pregnancy And Parenthood: A Review Of Reviews

15.13.013

Catherine Swann, Kate Bowe, Geraldine McCormic & Michael Kos

Pulls together learning from review-level data about effective interventions to reduce teenage pregnancy rates and improve the outcomes for teenage parents. Intended to inform policy and decisionmakers, NHS providers, public health physicians and other public health practitioners.



Teenage Pregnancy Strategy For East Sussex, Brighton & Hove

15.13.006

This document has been developed with the help and commitment from a wide range of colleagues in a variety of agencies and organisations. This is the first joint strategy to address high teenage pregnancy rates and to improve support for teenage parents in East Sussex, Brighton and Hove. The strategy was developed across a range of agencies and organisations in the statutory and voluntary sector.



Teenage Pregnancy: Accelerating The Strategy To 2010

15.13.009

The document sets out how the strategy needs to develop to take account of the growing body of evidence of what is working in areas with sharply declining rates, and to reflect new analysis on the underlying causes

of teenage pregnancy. It also sets out how the government will focus support on areas with high and increasing rates.



The Economics Of Sexual Health: Findings

15.13.001

Nigel Armstrong, Caroline Davey and Cam Donaldson

As part of fpa's 75th anniversary, they commissioned the University of Newcastle to examine the cost of abortion and contraception services. The Economics of Sexual Health reveals how the NHS in England could save almost £1 billion over 15 years by investing in contraception services and speeding up women's access to abortion services by just ten days. A powerful rationale for investment in these vital services, the report highlights the clear economic benefits of contraception and abortion services to primary care trusts, in particular to those responsible for funding and commissioning these services.



The Emergency Contraception Campaign: An Evaluation

15.13.007

Wider use of emergency contraception is a practical way of reducing unwanted pregnancy. In 1995, the Contraceptive Education Service launched a campaign to increase awareness of emergency contraception. Adverts we inserted in magazines and on radio, packs of information were sent to GPs, clinics and hospitals and a confidential helpline was set up. This report examines the impact of the campaign in raising public awareness. It shows that awareness was increased among women and that health professionals were now more likely to talk to their clients about emergency contraception.



Condom Skills Education

15.15.005

Condom Skills education is one aspect of sex and relationship education and should be part of a planned PSHE programme which will progressively develop knowledge, understanding, and skills and provides opportunities to discuss attitudes and values. This resource is compatible with and supported by the following PSHE Advisory Team publications: * Personal, Social and Health Education Curriculum Framework Key Stages 1-4 Revised Edition 2001* Personal and Social Education Schemes of Work, Key Stages 3 & 4* Personal and Social Education Schemes of Work, Key Stages 3 & 4, Sex and Relationship Education Update and Extensions 2001.* The Sexuality Project



Confidentiality And Young People

15.15.002

Up to one third of young people have sexual intercourse under 16. 50% of under 16s use no contraception at first sex. Improving young people's trust in the confidentiality of their practice should help remove one of the main obstacles that deter some teenagers from seeking early sexual health advice. Currently many young people are deterred from asking for sexual and other health advice because they fear someone will be told. Others lack trust in their practice's ability to maintain confidentiality, and refuse to allow relevant medical information to be sent to their GP - a situation which can undermine safe prescribing practices. This toolkit aims to help general practices reinforce confidentiality as the cornerstone of their services.



Contraception

15.15.003

Pauline Maskell

This teaching pack focuses on building self-esteem, trust, self-awareness, and the knowledge students need to make informed choices about their lives. It enables students to explore their feelings on sexuality and birth control. Includes 113 x A4 Photocopy masters.



Contraceptive Education Service: Factfile

15.15.008

This pack contains a complete collection of 15 Family Planning Association factsheets, regularly updated, which includes information on recent research, statistics, policy, history and law.



Protect Yourself!

15.15.006

This teaching resource consists of eight ready-made teaching packages complete with teachers' note, lesson plans, photocopiable handouts and evaluation sheets. Each lesson lasts an hour - or each can be divided into smaller teaching segments. The resource can help demonstrate an evidence trail towards gaining the DfES certification - or simply be a practicable, easily accessible set of lessons for SRE teaching. Lesson plans include a 'Mixing Fluids' exercise highlighting the risk of Sexually Transmitted Infections which was particularly popular during classroom trials with young people and their teachers.



Talking Together..... About Contraception

15.15.007

Lesley Kerr-Edwards and Lorna Scott

A new pack to support young people with learning disabilities who wish to access contraception. The pack has been divided into two user-friendly books. Book One: is a practical resource for everyone who works with or supports a young person with a learning disability. It should be read as a companion to Book Two and features background information, an up-to-date guide on the different methods of contraception available, and guidance and plans on how to use Book Two. Book Two: has been written for young people with learning disabilities. Clear pictures, easy-to-read stories and picture posters mean it can be used with groups or individuals or by young people on their own.



Understanding Contraception

15.15.004

Dilys Went

This is a teaching pack on Contraception and Relationships and is for busy teachers, school nurses and youth workers to enable young people to make mature and informed decisions about how and whether or not to regulate their fertility and to give them the opportunity to develop an awareness & understanding of a range of attitudes, beliefs and practices. Aimed at 14-16 year olds (Key Stages 3 and 4 of the National Curriculum).

